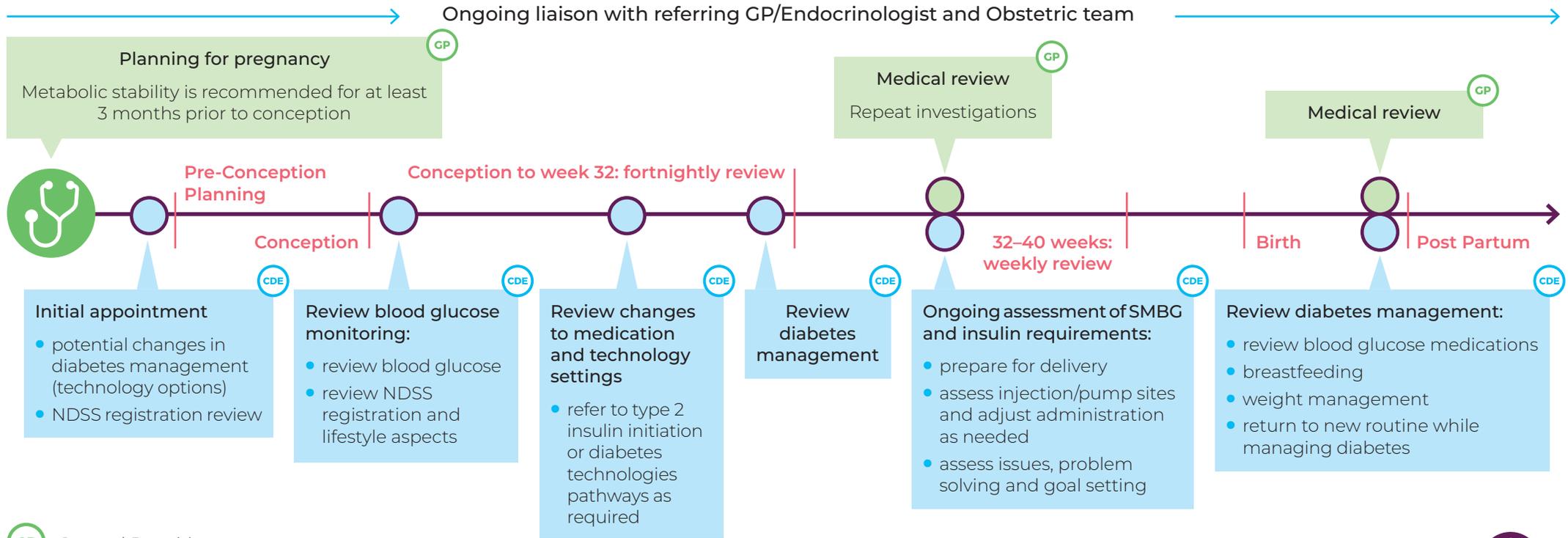




Diabetes Referral Pathway

Pregnancy with pre-existing diabetes from pre-conception to post partum



GP General Practitioner

CDE Credentialled Diabetes Educator (CDE)

- Review sooner if:**
- unresolved issues regarding diabetes care
 - glucose levels or HbA1c above agreed targets
 - change in management i.e. change to medication/diet/exercise/technology
 - symptoms of hypoglycaemia
 - change in social situation that may impact management
 - preparing for surgery
 - sick day management

Diabetes Care Team members

Family and/or Carers

Obstetrician

Midwife/CDE

Endocrinologist/Diabetes Physician

Dietitian: medical nutrition therapy and foods to avoid during pregnancy

Exercise Physiologist/Physiotherapist: tailored exercise program

Primary Care Nurse

Podiatrist: comprehensive foot examination

Optometrist/Ophthalmologist: comprehensive eye examinations (at least every 2 years)

Pharmacist: advice for taking medications during pregnancy

Psychologist/Counsellor/Social Worker: mental health consultation

Interpreter

Aboriginal and Torres Strait Islander Health Worker/Practitioner/Elder

• NICE (2020). *Diabetes in Pregnancy Overview United Kingdom*, National Institute for Health and Care Excellence (NICE).

• Webber, J., et al. (2015). *Diabetes in pregnancy: management of diabetes and its complications from pre-conception to the postnatal period (NG3)*. British Journal of Diabetes 15(3): 107-111.

• Nankervis, A., et al. (2014). *ADIPS consensus guidelines for the testing and diagnosis of hyperglycaemia in pregnancy in Australia and New Zealand*. Australasian Diabetes in Pregnancy Society: 1-8.