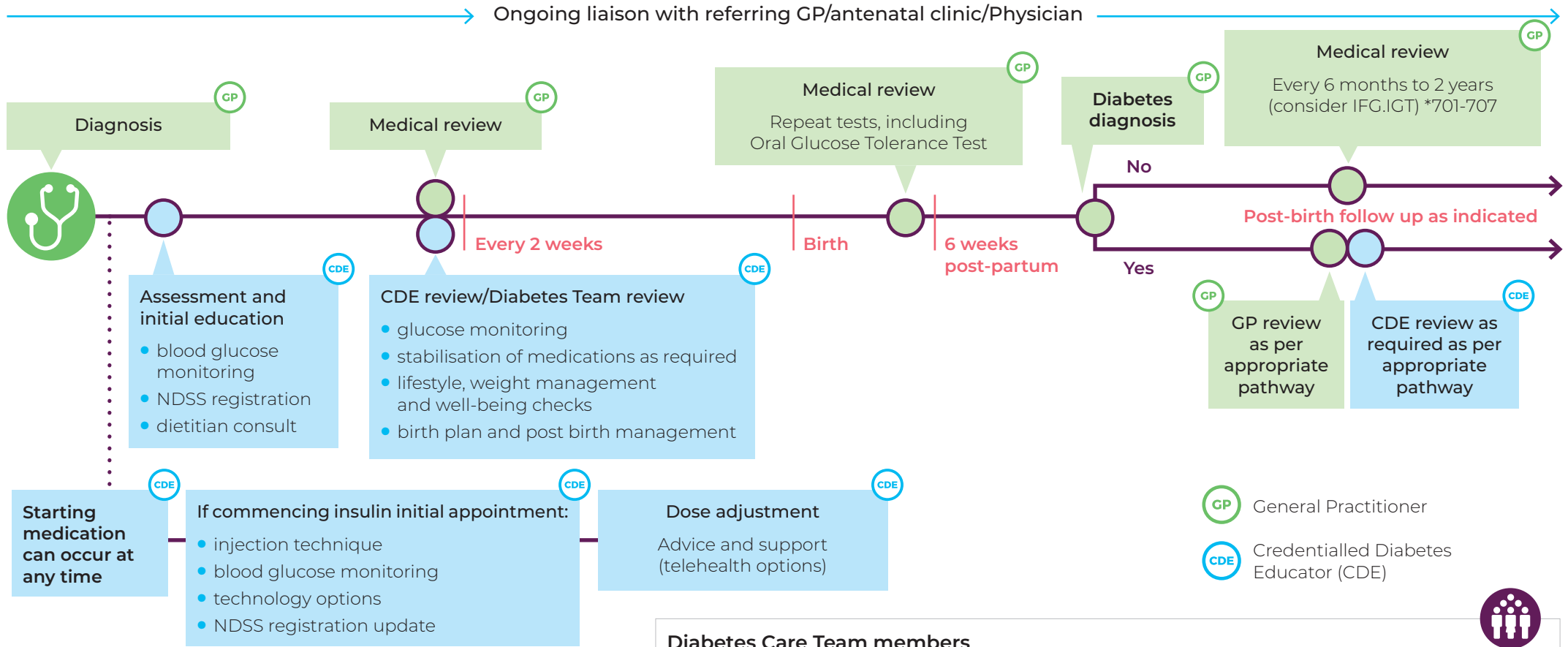




Diabetes Referral Pathway Gestational diabetes (GDM)



GP General Practitioner
CDE Credentialed Diabetes Educator (CDE)



Diabetes Care Team members

Family and/or Carers
Primary Care Nurse

Obstetrician
Midwife CDE

Endocrinologist/Diabetes Physician: referral when patient not responding to therapy

Dietitian: medical nutrition therapy

Exercise Physiologist/
Physiotherapist: tailored exercise program

Pharmacist: advice for taking medications/supplements during pregnancy

Psychologist/Counsellor/
Social Worker: mental health consultation

Interpreter

Aboriginal and Torres Strait Islander Health Worker/
Practitioner/Elder

Group education: if appropriate

Review sooner if:

- unresolved issues regarding diabetes care
- glucose levels are above agreed targets
- symptoms of hypoglycaemia
- preparing for surgery
- change in management i.e. change to medication/diet/exercise
- change in social situation that may impact management
- sick day management

• Nankervis, A., et al. (2014). ADIPS consensus guidelines for the testing and diagnosis of hyperglycaemia in pregnancy in Australia and New Zealand. Australasian Diabetes in Pregnancy Society: 1-8.

*MBS item numbers