



## $\Rightarrow$ Ongoing liaison with referring GP and referrals made to Diabetes Care Team members as appropriate Diagnosis/development of a chronic disease Medical review Medical review management plan \*721-731 Annual medical review Investigations as per annual Investigations as per annual Referral to paediatric diabetes team \*721-731 cycle of care as appropriate cycle of care as appropriate 9 months 2-4 weeks 3 months 6 months 12 months Medications. Education to Annual review Assessment and Review and initial education lifestyle and prevent and manage goal setting complications complications NDSS registration family-centric age-appropriate education General Practitioner dietitian consult Credentialled Diabetes If insulin is required refer to the Educator (CDE) Diabetes Referral Pathway: Starting medication Type 2 diabetes – insulin initiation Ongoing cycle of can occur at any time and stabilisation care/education

## Review sooner if:

- unresolved issues regarding diabetes care
- patient requires blood glucose monitoring (technology options)
- glucose levels or previous HbA1c above target
- change in management i.e. change to medication/diet/exercise
- key life transitions

- change in social situation that may impact management
- symptoms of hypoglycaemia
- preparing for surgery
- sick day management
- driving requirements for those using insulin
- pregnancy planning/contraception needs (refer to pregnancy pathway)

## **Diabetes Care Team members**

Family and/or Carers

Primary Care Nurse

Dietitian: medical nutrition therapy

Endocrinologist/Diabetes Physician: referral required when patient not responding to therapy

Interpreter

Exercise Physiologist/ Physiotherapist: tailored exercise program

Podiatrist: comprehensive foot education and examination

Optometrist/Ophthalmologist: Islander Health Worker/ comprehensive eve examinations (at least every 2 years)

Pharmacist: advice for taking medications

Psychologist/Counsellor/ Social Worker:

mental health consultation

Aboriginal and Torres Strait Practitioner/Elder

Teaching and school staff /school nurse

\*MBS item numbers

<sup>·</sup> RACGP (2020). Management of type 2 diabetes: A handbook for general practice. East Melbourne, Australia, The Royal Australian College of General Practitioners.