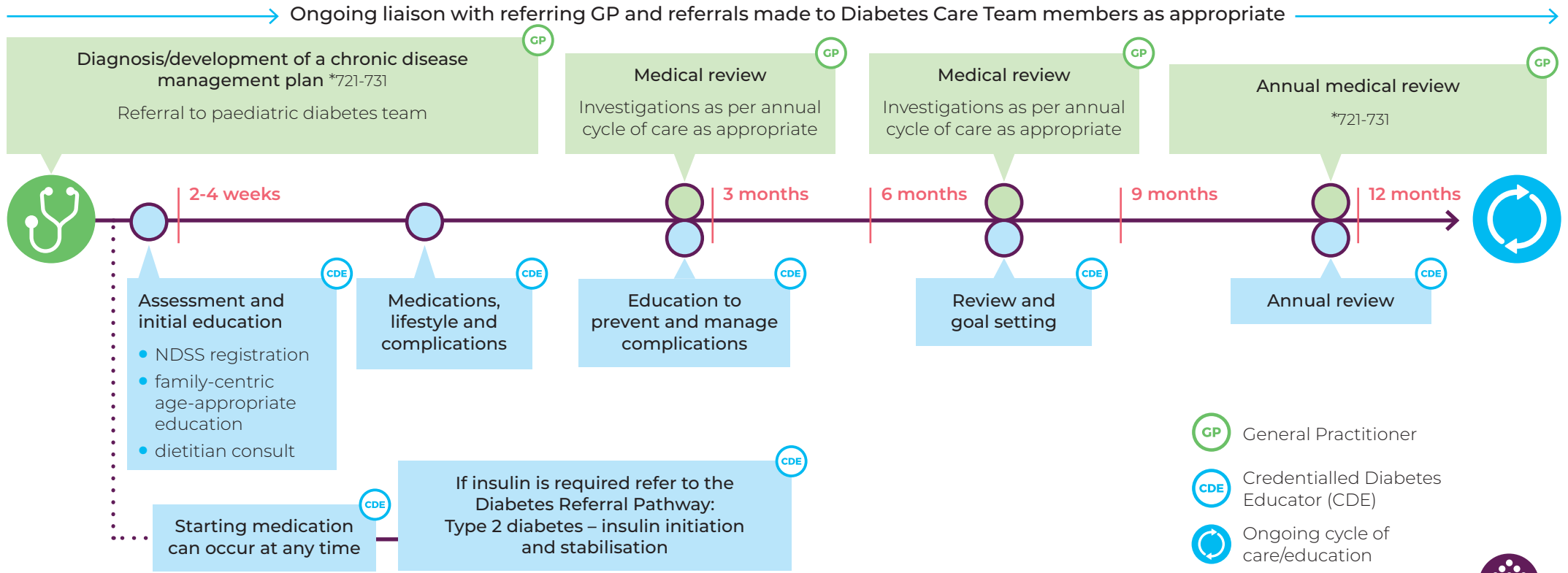




Diabetes Referral Pathway

Children and adolescents with type 2 diabetes



- Review sooner if:**
- unresolved issues regarding diabetes care
 - patient requires blood glucose monitoring (technology options)
 - glucose levels or previous HbA1c above target
 - change in management i.e. change to medication/diet/exercise
 - key life transitions
 - change in social situation that may impact management
 - symptoms of hypoglycaemia
 - preparing for surgery
 - sick day management
 - driving requirements for those using insulin
 - pregnancy planning/contraception needs (refer to pregnancy pathway)

- Diabetes Care Team members**
- Family and/or Carers**
 - Primary Care Nurse**
 - Dietitian:** medical nutrition therapy
 - Endocrinologist/Diabetes Physician:** referral required when patient not responding to therapy
 - Interpreter**
 - Exercise Physiologist/Physiotherapist:** tailored exercise program
 - Podiatrist:** comprehensive foot education and examination
 - Optometrist/Ophthalmologist:** comprehensive eye examinations (at least every 2 years)
 - Pharmacist:** advice for taking medications
 - Psychologist/Counsellor/Social Worker:** mental health consultation
 - Aboriginal and Torres Strait Islander Health Worker/Practitioner/Elder**
 - Teaching and school staff /school nurse**

• RACGP (2020). *Management of type 2 diabetes: A handbook for general practice*. East Melbourne, Australia, The Royal Australian College of General Practitioners.

*MBS item numbers