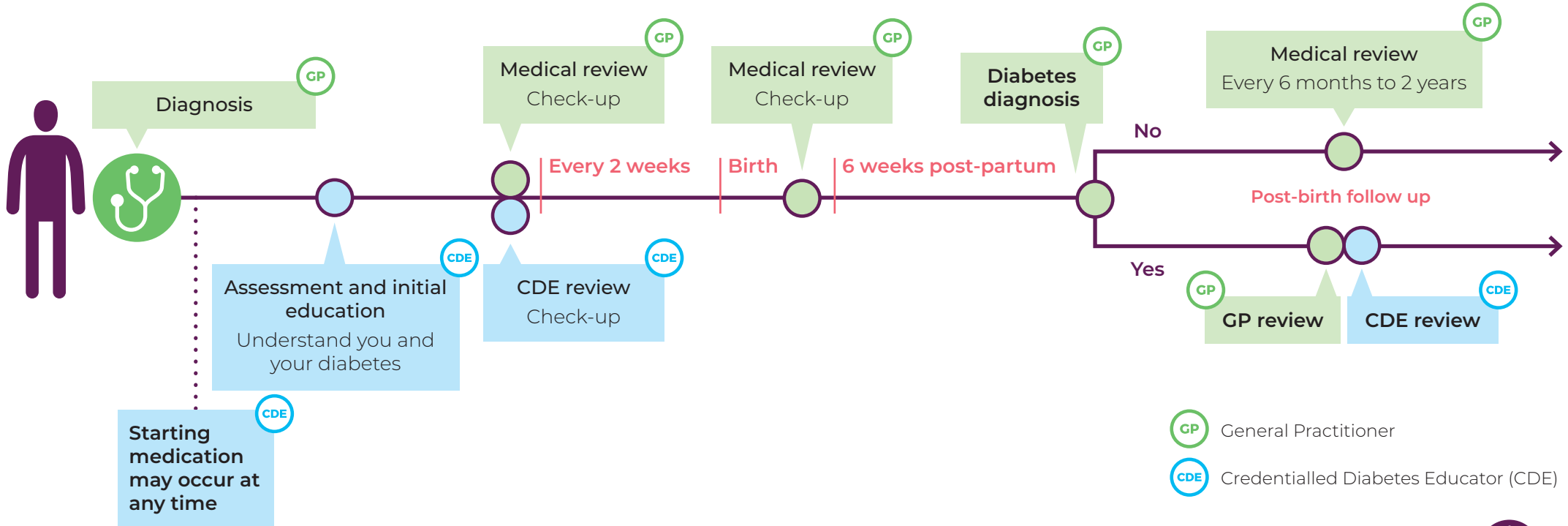




Your Diabetes Care Pathway For people living with gestational diabetes



→ You will have ongoing checks with your GP/antenatal clinic and referrals made to specialist Diabetes Care Team members as needed →



Contact your CDE anytime, including if:

- changes in your personal life
- you need general advice or support
- changes in your health care needs/ medication

Your Diabetes Care Team members

- Family and/or Carers
- Other support networks
- Primary Care Nurse
- Obstetrician
- Midwife CDE

Endocrinologist/Diabetes Physician: referral by GP if required

Dietitian: food and nutrition advice including supplements and foods to avoid during pregnancy

Exercise Physiologist/Physiotherapist: tailored exercise program

Pharmacist: advice for taking medications/supplements during pregnancy

Psychologist/Counsellor/Social Worker: mental health support

Interpreter

Aboriginal and Torres Strait Islander Health Worker/Practitioner/Elder