

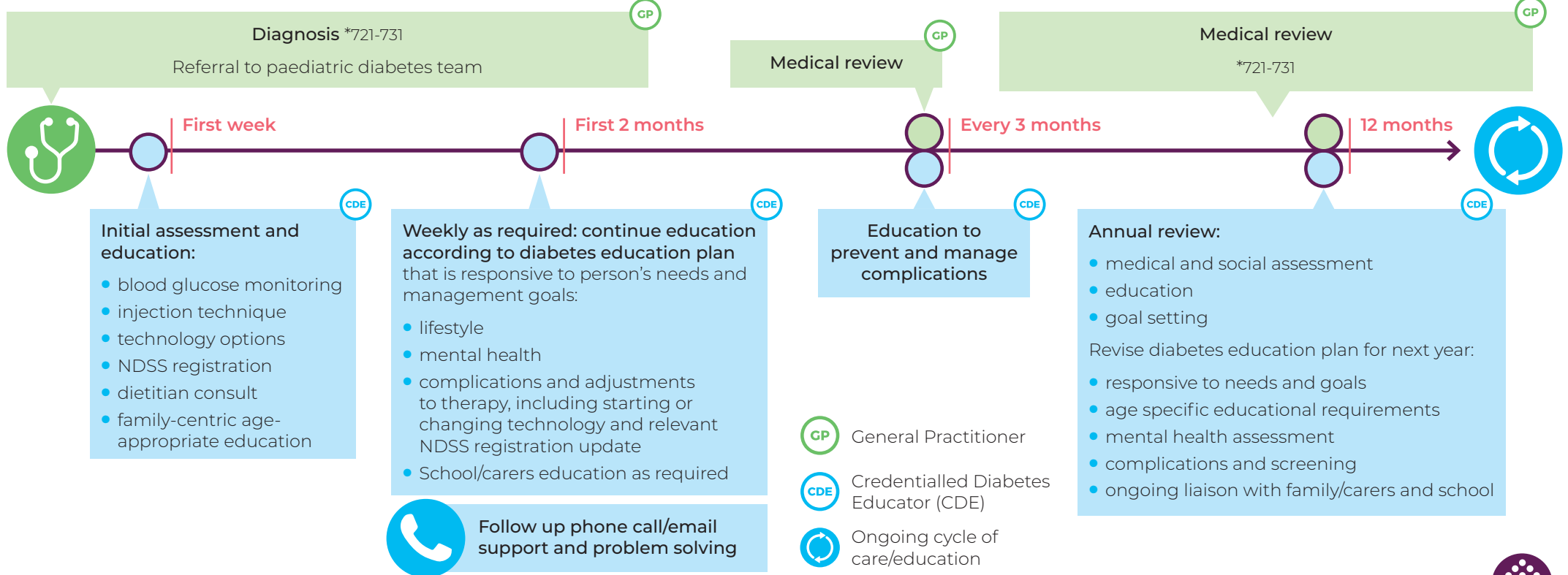


Diabetes Referral Pathway

Children and adolescents with type 1 diabetes



→ Ongoing liaison with referring GP/Endocrinologist/Diabetes Physician and referrals made to Diabetes Care Team members as appropriate →



Review sooner if:

- unresolved issues
- blood glucose or previous HbA1c above agreed targets.
- change in management i.e. change to medication/diet/exercise
- change in social situation that may impact management
- key life transitions
- symptoms of hypoglycaemia
- preparing for surgery
- sick day management
- drivers licence requirements
- pregnancy planning/contraception needs (refer to pregnancy pathway)

Diabetes Care Team members

Family and/or Carers	Exercise Physiologist/Physiotherapist: tailored exercise program	Pharmacist: advice for taking medications
Primary Care Nurse	Optometrist/Ophthalmologist: comprehensive eye examinations (at least every 2 years)	Interpreter
Endocrinologist/Diabetes Physician	Psychologist/Counsellor/ Social Worker: mental health consultation	Aboriginal and Torres Strait Islander Health Worker/ Practitioner/Elder
Dietitian: medical nutrition therapy		Teaching and school staff /school nurse
Podiatrist: comprehensive foot education and examination		

• Craig ME, Twigg SM, Donaghue KC, Cheung NW, Cameron FJ, Conn J, Jenkins AJ, Siliak M, for the Australian Type 1 Diabetes Guidelines Expert Advisory Group. *National evidence-based clinical care guidelines for type 1 diabetes in children, adolescents and adults*, Australian Government Department of Health and Ageing, Canberra 2011.

• ADA. *Standards of Medical Care in Diabetes 2020*. Diabetes Care. 2020;43 (Supplement 1)
• Overland J, Sluis M, Reyna R. *Straight to the Point: A guide for adults living with type 1 diabetes*. (3rd Ed). St Leonards, NSW. JDRF (Australia) 2019.

*MBS item numbers