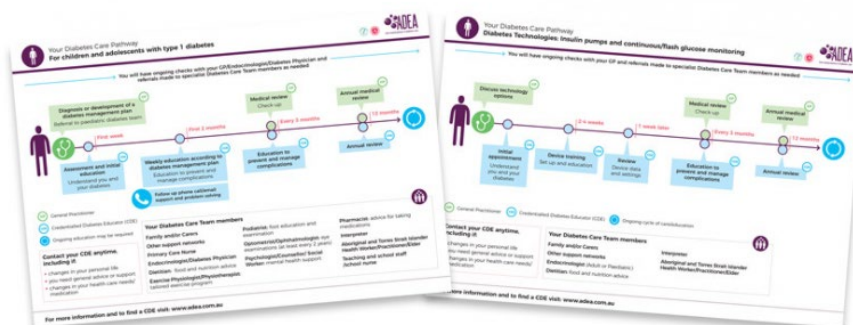


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ADEA releases the Diabetes Pathways, a tool for navigating the health system with diabetes, for GPs and people living with diabetes

The Australian Diabetes Educators Association is pleased to announce the [Diabetes Pathways](#). These carefully curated documents provide **guidance for the care of people living with diabetes**, showing the milestones on a person's journey from diagnosis through the lifespan of diabetes management.



The Diabetes Pathways have two useful series; **one for GPs** who have a patient living with diabetes, and the other for **people living with diabetes**. The Pathways clearly explain the members of a **diabetes care team** and when patients should see them. Providing these documents to people who have been newly diagnosed with diabetes and their GP can help them navigate their first year with confidence, empowering them to manage their diabetes well throughout the lifecycle of diabetes.

A key member of the diabetes care team is the **Credentialed Diabetes Educator (CDE)**. CDEs are an integral part of any GP Management Plan/Team Care Arrangement. A CDE is a health professional who is recognised for their **expertise in diabetes education**, and credentialed by the Australian Diabetes Educators Association. CDEs help people to manage their diabetes or prediabetes by providing personalised care and support using the latest evidence-based information tailored to an individual's lifestyle and culture. The Pathways recommend that a person newly diagnosed with diabetes is immediately referred to a CDE. Seeing a CDE early in one's diabetes journey empowers the individual with education and support to live their healthiest life.

The Diabetes Pathways are available here:

- [Diabetes Pathways \(for health care professionals\)](#)
- [Diabetes Care Pathways \(for people living with diabetes\)](#)

About ADEA: The Australian Diabetes Education Association (ADEA) was formed in 1981. ADEA is the leader in diabetes education and care in Australia and provides excellence in diabetes education for health professionals. ADEA is the national organisation in Australia that certifies diabetes educators. Educators certified by ADEA are called Credentialed Diabetes Educators (CDEs). CDEs are healthcare professionals who are committed to providing evidence-based best practice diabetes education to ensure optimal health and wellbeing for all people affected by, and at risk of, diabetes.

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