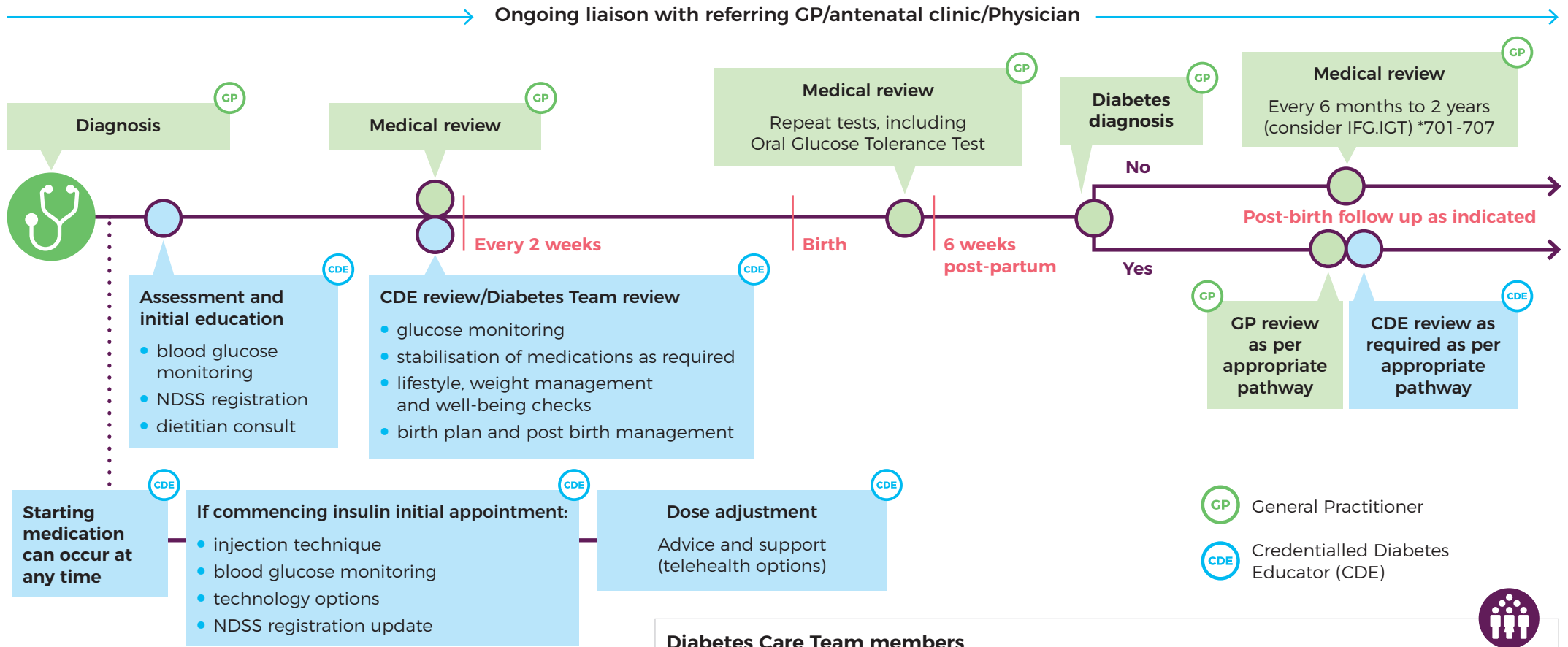




Diabetes Referral Pathway Gestational diabetes (GDM)



- Review sooner if:**
- unresolved issues regarding diabetes care
 - glucose levels are above agreed targets
 - symptoms of hypoglycaemia
 - preparing for surgery
 - change in management i.e. change to medication/diet/exercise
 - change in social situation that may impact management
 - sick day management

Diabetes Care Team members

Family and/or Carers	Dietitian: medical nutrition therapy	Psychologist/Counsellor /Social Worker: mental health consultation
Primary Care Nurse	Exercise Physiologist/ Physiotherapist: tailored exercise program	Interpreter
Obstetrician	Pharmacist: advice on your medications/supplements during pregnancy	Aboriginal and Torres Strait Islander Health Worker/ Practitioner/Elder
Midwife CDE		Group education: if appropriate
Endocrinologist/Diabetes Physician: referral when patient not responding to therapy		

• Nankervis, A., et al. (2014). ADIPS consensus guidelines for the testing and diagnosis of hyperglycaemia in pregnancy in Australia and New Zealand. Australasian Diabetes in Pregnancy Society: 1-8. * MBS item numbers