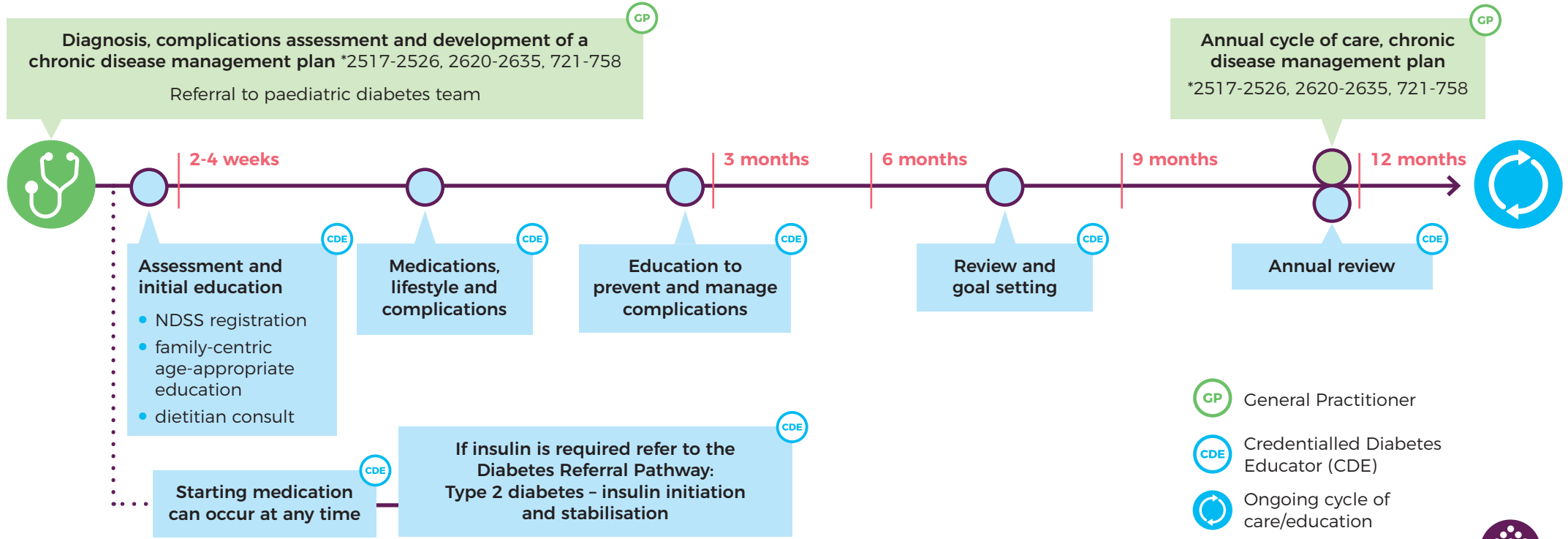




Diabetes Referral Pathway Children and adolescents with type 2 diabetes



→ Ongoing liaison with referring GP and referrals made to Diabetes Care Team members as appropriate →



Review sooner if:

- unresolved issues regarding diabetes care
- patient requires blood glucose monitoring (technology options)
- glucose levels or previous HbA1c above target
- change in management i.e. change to medication/diet/exercise
- key life transitions
- change in social situation that may impact management
- symptoms of hypoglycaemia
- preparing for surgery
- sick day management
- driving requirements for those using insulin
- pregnancy planning/contraception needs (refer to pregnancy pathway)

Diabetes Care Team members

- Family and/or Carers**
- Primary Care Nurse**
- Dietitian:** medical nutrition therapy
- Endocrinologist/Diabetes Physician:** medical review every 3 months
- Interpreter**
- Exercise Physiologist/Physiotherapist:** tailored exercise program
- Podiatrist:** comprehensive foot education and examination
- Optometrist/Ophthalmologist:** comprehensive eye examinations (at least every 2 years)
- Pharmacist:** advice on your medications
- Psychologist/Counsellor/Social Worker:** mental health consultation
- Aboriginal and Torres Strait Islander Health Worker/Practitioner/Elder**
- Teaching and school staff /school nurse**

• RACGP (2020). Management of type 2 diabetes: A handbook for general practice. East Melbourne, Australia. The Royal Australian College of General Practitioners.

* MBS item numbers