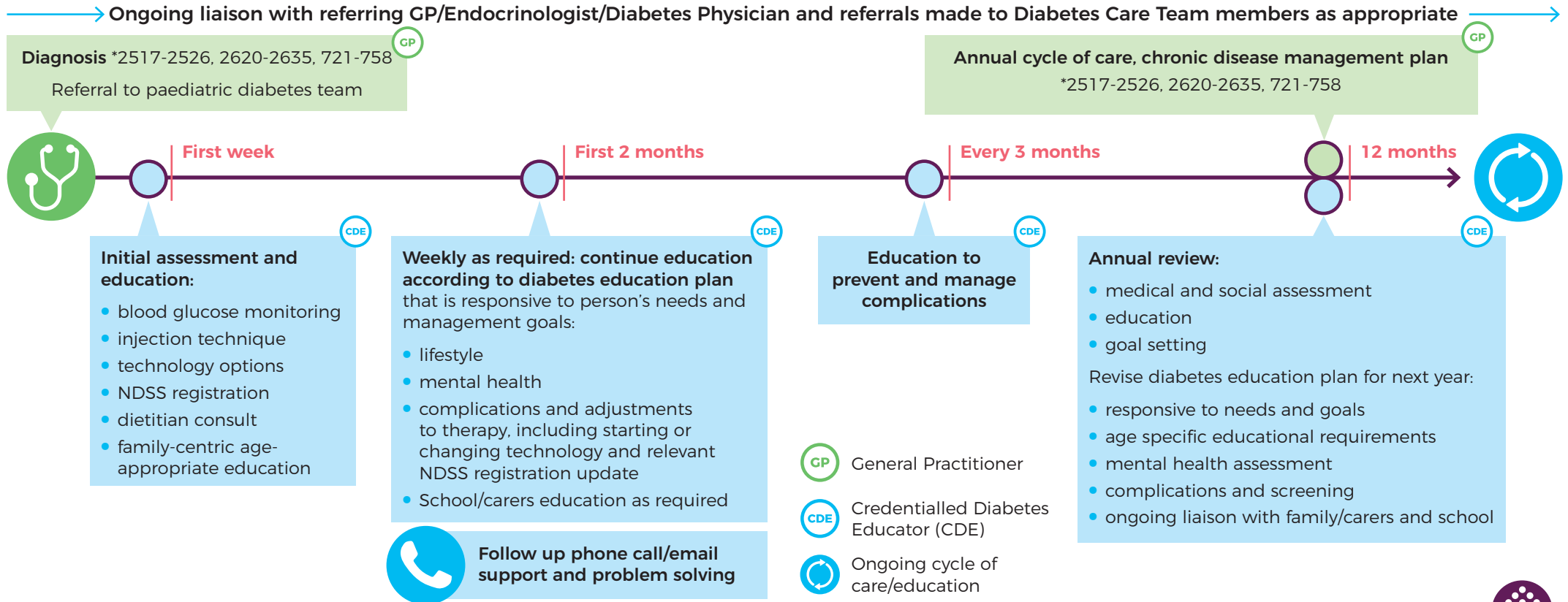




# Diabetes Referral Pathway

## Children and adolescents with type 1 diabetes



**Review sooner if:**

- unresolved issues
- blood glucose or previous HbA1c above agreed targets.
- change in management i.e. change to medication/diet/exercise
- change in social situation that may impact management
- key life transitions
- symptoms of hypoglycaemia
- preparing for surgery
- sick day management
- drivers licence requirements
- pregnancy planning/contraception needs (refer to pregnancy pathway)

**Diabetes Care Team members**

<p><b>Family and/or Carers</b></p> <p><b>Primary Care Nurse</b></p> <p><b>Endocrinologist/Diabetes Physician:</b> medical review every 3 months</p> <p><b>Dietitian:</b> medical nutrition therapy</p> <p><b>Podiatrist:</b> comprehensive foot education and examination</p>	<p><b>Exercise Physiologist/Physiotherapist:</b> tailored exercise program</p> <p><b>Optometrist/Ophthalmologist:</b> comprehensive eye examinations (at least every 2 years)</p> <p><b>Psychologist/Counsellor/ Social Worker:</b> mental health consultation</p>	<p><b>Pharmacist:</b> advice on your medications</p> <p><b>Interpreter</b></p> <p><b>Aboriginal and Torres Strait Islander Health Worker/ Practitioner/Elder</b></p> <p><b>Teaching and school staff /school nurse</b></p>
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• Craig ME, Twigg SM, Donaghue KC, Cheung NW, Cameron FJ, Conn J, Jenkins AJ, Silink M, for the Australian Type 1 Diabetes Guidelines Expert Advisory Group. National evidence-based clinical care guidelines for type 1 diabetes in children, adolescents and adults. Australian Government Department of Health and Ageing, Canberra 2011.

• ADA. Standards of Medical Care in Diabetes 2020. Diabetes Care. 2020;43 (Supplement 1)  
• Overland J, Sluis M, Reyna R. Straight to the Point: A guide for adults living with type 1 diabetes. (3rd Ed). St Leonards, NSW. JDRF (Australia) 2019.

\* MBS item numbers