You will have ongoing checks with your GP / Endocrinologist and Obstetric team.

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**Your Diabetes Care Pathway**
*For pregnancy with pre-existing diabetes*

**Planning for pregnancy**
- **Pre-Conception Planning**
- **Planning Conception**

**Conception**
- **Initial appointment**
- **CDE review Check-up**
- **CDE review Medication and technology settings**

**Conception to week 32:**
- **fortnightly review**

**32 – 40 weeks:**
- **weekly review**

**Birth**

**Post Partum**
- **Initial appointment**
- **CDE review Check-up**
- **CDE review**

**Medical review**
- **Repeat investigations**

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**Your Diabetes Care Team members**

**Family and/or Carers**

**Obstetrician**

**Midwife/CDE**

**Dietitian:** food and nutrition advice including supplements and foods to avoid during pregnancy

**Endocrinologist/Diabetes Physician**

**Exercise Physiologist/Physiotherapist:** tailored exercise program

**Primary Care Nurse**

**Podiatrist:** foot education and examination

**Optometrist/Ophthalmologist:** comprehensive eye examinations (at least every 2 years)

**Pharmacist:** advice on your medications/supplements during pregnancy

**Psychologist/Counsellor/Social Worker:** mental health support

**Interpreter**

**Aboriginal and Torres Strait Islander Health Worker/Practitioner/Elder**

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*Contact your CDE anytime, including if:*
- changes in your personal life
- you need general advice or support
- changes in your health care needs/medication

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*For more information and to find a CDE visit: www.adea.com.au*

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