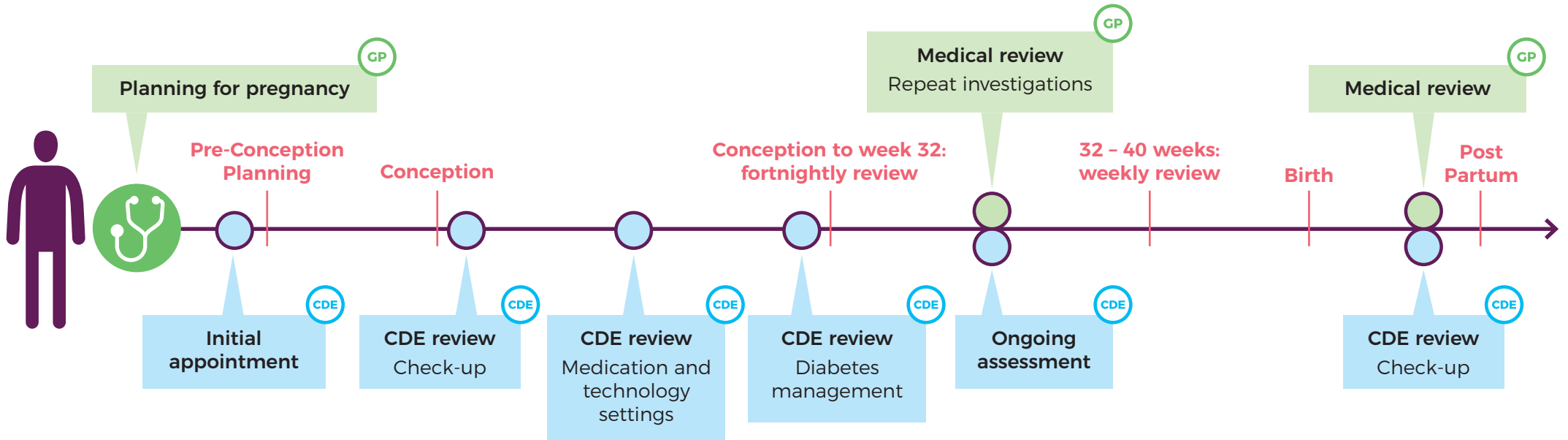




# Your Diabetes Care Pathway For pregnancy with pre-existing diabetes

→ You will have ongoing checks with your GP / Endocrinologist and Obstetric team →



- GP** General Practitioner
- CDE** Credentialed Diabetes Educator (CDE)

### Contact your CDE anytime, including if:

- changes in your personal life
- you need general advice or support
- changes in your health care needs/ medication

### Your Diabetes Care Team members

**Family and/or Carers**

**Other support networks**

**Obstetrician**

**Midwife/CDE**

**Dietitian:** food and nutrition advice including supplements and foods to avoid during pregnancy

**Endocrinologist/Diabetes Physician**

**Exercise Physiologist/ Physiotherapist:** tailored exercise program

**Primary Care Nurse**

**Podiatrist:** foot education and examination

**Optometrist/Ophthalmologist:** comprehensive eye examinations (at least every 2 years)

**Pharmacist:** advice on your medications/ supplements during pregnancy

**Psychologist/Counsellor/Social Worker:** mental health support

**Interpreter**

**Aboriginal and Torres Strait Islander Health Worker/Practitioner/Elder**