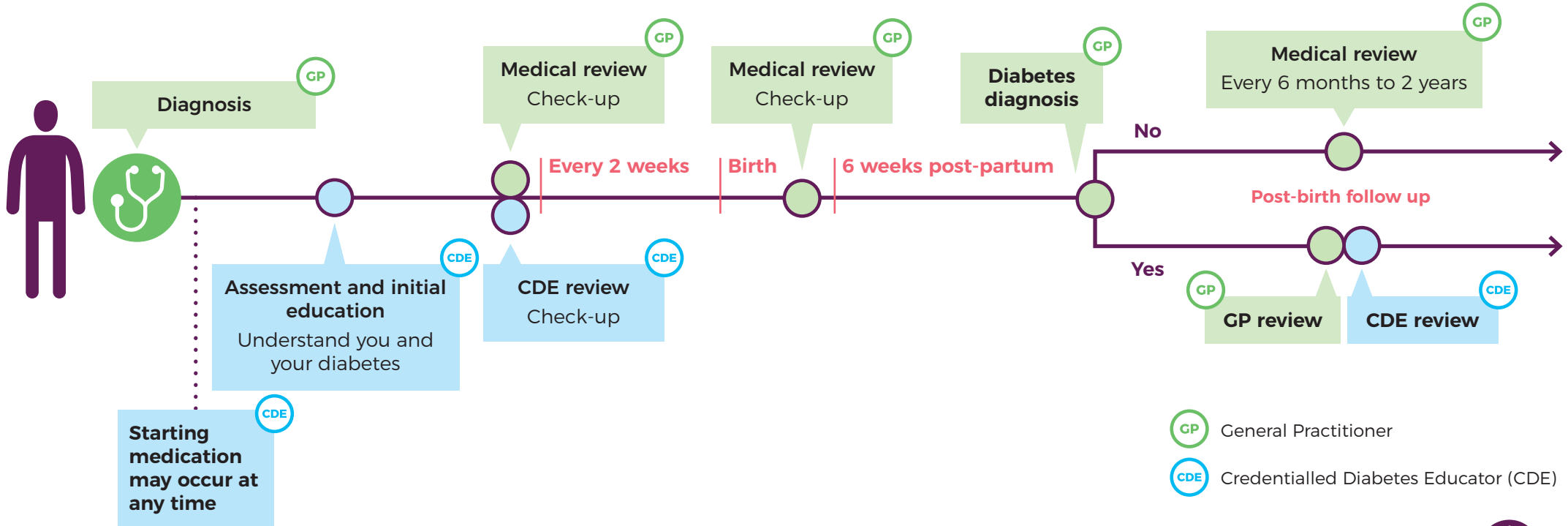




# Your Diabetes Care Pathway For people with gestational diabetes



→ You will have ongoing checks with your GP/antenatal clinic and referrals made to specialist Diabetes Care Team members as needed →



### Contact your CDE anytime, including if:

- changes in your personal life
- you need general advice or support
- changes in your health care needs/ medication

### Your Diabetes Care Team members

**Family and/or Carers**

**Other support networks**

**Primary Care Nurse**

**Obstetrician**

**Midwife CDE**

**Endocrinologist/Diabetes Physician:**  
referral by GP if required

**Dietitian:** food and nutrition advice including supplements and foods to avoid during pregnancy

**Exercise Physiologist/Physiotherapist:**  
tailored exercise program

**Pharmacist:** advice on your medications/supplements during pregnancy

**Psychologist/Counsellor/Social Worker:** mental health support

**Interpreter**

**Aboriginal and Torres Strait Islander Health Worker/Practitioner/Elder**