Assessment and initial education
Understand you and your diabetes

Annual medical review and referrals to other Diabetes Care Team Members

Medications, lifestyle and complications
Review and goal setting

Your Diabetes Care Pathway
For children and adolescents with type 2 diabetes

For more information and to find a CDE visit: www.adea.com.au

Contact your CDE anytime, including if:
- changes in your personal life
- you need general advice or support
- changes in your health care needs/medication

Your Diabetes Care Team members
Family and/or Carers
Endocrinologist/Diabetes Physician: medical review every 3 months
Pharmacist: advice on your medications
Other support networks
Podiatrist: foot education and examination
Interpreter
Primary Care Nurse
Optometrist/Ophthalmologist: eye examinations (at least every 2 years)
Aboriginal and Torres Strait Islander Health Worker/Practitioner/Elder
Dietitian: food and nutrition advice
Psychologist/Counsellor/ Social Worker: mental health support
Exercise Physiologist/ Physiotherapist: tailored exercise program
Teaching and school staff /school nurse