Your Diabetes Care Pathway
For children and adolescents with type 1 diabetes

For more information and to find a CDE visit: www.adea.com.au

**Diagnosis or development of a diabetes management plan**
Referral to paediatric diabetes team

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**Assessment and initial education**
Understand you and your diabetes

**Weekly education according to diabetes management plan**
Education to prevent and manage complications

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**Annual medical review and referrals to other Diabetes Care Team Members**

**Your Diabetes Care Team members**

- **Family and/or Carers**
- **Other support networks**
- **Primary Care Nurse**
- **Endocrinologist/Diabetes Physician:** medical review every 3 months
- **Dietitian:** food and nutrition advice
- **Exercise Physiologist/Physiotherapist:** tailored exercise program
- **Podiatrist:** foot education and examination
- **Optometrist/Ophthalmologist:** eye examinations (at least every 2 years)
- **Psychologist/Counsellor/Social Worker:** mental health support
- **Pharmacist:** advice on your medications
- **Interpreter**
- **Aboriginal and Torres Strait Islander Health Worker/Practitioner/Elder**
- **Teaching and school staff/school nurse**

**Contact your CDE anytime, including if:**
- changes in your personal life
- you need general advice or support
- changes in your health care needs/medication

**Follow up phone call/email support and problem solving**

**General Practitioner (CP)**

**Credentialled Diabetes Educator (CDE)**

**Ongoing education may be required**

**First week**

**First 2 months**

**Every 3 months**

**12 months**

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