

# WA Branch Meeting Agenda

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**Time:** 4.30pm – 6.30pm (AWST)

**Date:** Monday 5 November 2018

**Venue:** Diabetes WA Subiaco - Level 3/322 Hay St, Subiaco WA 6008

## Registration

### If you can attend in person

Register: <https://www.adea.com.au/adea-events/wa-branch-meeting>

### If you prefer attending from home

Register: <https://attendee.gotowebinar.com/register/6369724141842932237>

## Agenda

4 pm – 5pm	Networking – AMSL – presenting new insulin pumps – <b>V-GO</b> and <b>Tandem t: slim X2</b>
5pm – 5.45pm	Professional development – <b>Steroids and Diabetes: a Tertiary Hospital Perspective</b> Presented by Gloria Daniels CDE from Sir Charles Gairdner Hospital
5.45pm – 6.15pm	Meeting

## **Steroids and Diabetes: a Tertiary Hospital Perspective**

Steroid therapy (Glucocorticoids) are used extensively to treat a variety of conditions, for example Oncology, Post-transplant, Haematology, Neurosurgery, Rheumatology and Respiratory to name a few.

Steroid therapy has several side effects most commonly being hyperglycaemia. The use of steroids in people with pre-existing Diabetes commonly results in worsening glucose control. Steroids not only exacerbate hyperglycaemia in people with known diabetes it can also cause Diabetes in people without documented pre-existing Diabetes.

Prevalence of Steroid use in the tertiary setting is estimated at 10%. Steroid induced hyperglycaemia can lead to serious acute complications such as Hyperosmolar Hyperglycaemic State (HHS) and Diabetes Ketoacidosis (DKA). This presentation will explain how we manage patients at SCGH and Case Studies for discussion.

## **Gloria Daniels Biography**

Gloria Daniels is the CNC for Diabetes at Sir Charles Gairdner Hospital. Gloria has just returned from a visit to NZ where she celebrated 50 years of Nursing, attending a reunion in Greymouth with her fellow classmates of 1968. Gloria has worked in Diabetes since 1983 initially in the outpatient clinic at SCGH before becoming the first CNC Diabetes for the Inpatient Setting in Australia in the year 2000.

Gloria is known as a passionate patient advocate and nurse educator. Gloria actively participates in research projects to improve patient outcomes, her most recent collaboration with Edith Cowan University explored the level of cognitive decline in inpatients with Diabetes. The interim findings indicate that 60% of inpatients with diabetes over the age of 65 have some level of cognitive impairment. Gloria is now using this evidence to ensure safe patient discharge especially with patients requiring insulin therapy.

Gloria has been a member of the ADEA since 1983, a Credentialed Diabetes Educator since 1986 and a mentor to many starting out in their Diabetes Educator journeys.

## ADEA WA Branch Executive:

**Chair:** Merle Taylor  
**Secretary:** Joelle Callaghan  
**Education Officer:** Alison Ilijovski  
**Contact details:** [adeawa@adea.com.au](mailto:adeawa@adea.com.au)

Committee/Working Party/SIG	Contact Person	Contact Details
<b>National Board of Directors</b>	Nicole Frayne	<a href="mailto:swdiabetes@bigpond.com">swdiabetes@bigpond.com</a>
<b>Credentialing Committee</b>	Maxine Schlaepfi	<a href="mailto:maxine.schlaepfi@health.wa.gov.au">maxine.schlaepfi@health.wa.gov.au</a>
<b>Professional Development Committee</b>	Alison Ilijovski Lexie Caramia, Annette Hart, Sandy Havlin, Di Ledger, Yvonne Tate, Andrea Gilbey	<a href="mailto:Alison.Ilijovski@diabeteswa.com.au">Alison.Ilijovski@diabeteswa.com.au</a>
<b>ADEA Clinical Practice Committee</b>	Denise Smith	<a href="mailto:denise.smith2@health.wa.gov.au">denise.smith2@health.wa.gov.au</a>
<b>Diabetes and Endocrine Health Network</b>	Mark Shah	<a href="mailto:mark.shah@health.wa.gov.au">mark.shah@health.wa.gov.au</a>
<b>Diabetes in Pregnancy Reference Group</b>	Marina Mickleson	<a href="mailto:marina.mickleson@health.wa.gov.au">marina.mickleson@health.wa.gov.au</a>
<b>Curtin University Advisory Committee</b>	Lauren Blatchford	<a href="mailto:lauren.blatchford@curtin.edu.au">lauren.blatchford@curtin.edu.au</a>
<b>WA Private Practice Special Interest Group</b>	Fiona Nash	<a href="mailto:f.b.nash@gmail.com">f.b.nash@gmail.com</a>
<b>Diabetes WA</b>	Rebecca Flavel	<a href="mailto:Rebecca.flavel@diabeteswa.com.au">Rebecca.flavel@diabeteswa.com.au</a>

## Meeting agenda

Item #	Agenda Item	Outcomes	Actions	Timeframe
<b>1.0</b>	<b>Attendance</b>	<b>Welcome and please sign attendance/apologies record</b>		
1.1	Attendees:			
1.2	VC Attendees:			
1.3	Apologies:			
1.4	New members:			
<b>2.0</b>	<b>Meeting Opened</b>			
2.1	Meeting opened:			
<b>3.0</b>	<b>Confirmation of Minutes</b>			
3.1	Confirmation of minutes of previous meeting held <b>Moved:</b> <b>Seconded:</b>			
<b>4.0</b>	<b>Business Arising From Previous Minutes</b>			
4.1				
4.2				
<b>5.0</b>	<b>Correspondence In / Out Tabled</b>			
5.1	In:			
5.2	Out:			
<b>6.0</b>	<b>Branch Chair Report</b>		<b>Merle Taylor</b>	
6.1	Update			
<b>7.0</b>	<b>National Board Director Report</b>		<b>Nicole Frayne</b>	
7.1	Please see attachment ADEA Board Communique			
<b>8.0</b>	<b>Education Officer Report</b>		<b>Alison Ilijovski</b>	
8.1	Update			
<b>9.0</b>	<b>Diabetes WA</b>		<b>Rebecca Flavel</b>	
9.1	Update			
<b>10.0</b>	<b>Diabetes in Pregnancy Reference Group</b>		<b>Wendy-Lee Pittick</b>	
10.1	Next meeting is at 3pm on the 23.11.18 , video conferencing is available		<b>FSH Floor: Level 1 Room: FSH, Education, Seminar Room 1.6</b>	

<b>11.0</b>	<b>Credentialling Committee</b>	<b>Maxine Schlaepfi, Maree Naneen</b>
11.1	No report	
<b>12.0</b>	<b>Diabetes and Endocrine Network</b>	<b>Mark Shah</b>
<b>12.1</b>	<b>No report</b>	
<b>13.0</b>	<b>Meeting Closed:</b>	
13.1		