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| **Endorsed and ADEA developed CPD activities : September – October 2017** |
| **Topic**  | **Area** | **CPD Point allocation**  | **Description**  | **Website**  |
| **Person centred care podcast series** **Podcast release dates****1st – 15/9/2017****2nd –29/9/2017****3rd –13/10/2017** | Clinical  | 1 CPD point if you listen to all three podcasts in this series  | Topics:* Person-centred care and the use of language with **Kirrily Chambers,**
* Person-centred care and psychological issues with **Ann Morris**.
* Person-centred care and perspective of people with diabetes with **Rachelle Ward**,
 | **Available free of charge through ADEA’s LSM site** [**https://learning.adea.com.au/lms/login/index.php**](https://learning.adea.com.au/lms/login/index.php) |
| **Diabetes Queensland** **Carbohydrate counting workshops** **Next workshops to be held in Brisbane on 13 October**  | Clinical  | 6 CPD points  | Carbohydrate Counting for Health Professionals is an interactive workshop which empowers health professionals with the skills, knowledge and confidence to count carbohydrates utilising a variety of different tools and techniques.is | [https://www.diabetesqld.org.au/get-involved/what's-on.aspx?page=4](https://www.diabetesqld.org.au/get-involved/what%27s-on.aspx?page=4) |
| **Diabetes NSW/ACT Diabetes Update day** **7th October 2017** | Clinical  | 7 CPD points  | * **Dr Trevor Lockett.-**Diet, Microbes and Metabolic Health
* **Dr Carissa Bonner-** Health Literacy in Chronic Disease and Self-Management
* **Dr Christel Hendrieckx-**How to Recognise and Address Diabetes Distress
* **Dr Frances Henshaw** Feet in Diabetes: The Good, The Bad and The Ugly
* **Assoc Prof Jane Overland –**Engaging People with Diabetes
* **Professor Mark Bartold.-**Diabetes & Periodontal Disease
* **Dr Kean-Seng Lim –**Diabetes Management in General Practice - Applying the Patient Centred
 | Saturday 7 October, 2017. 9:00am – 4:00pm(Registration opens at 8:30am)Rosehill Racecourse, Sydney Register by [booking online here](https://www.eventbrite.com.au/e/diabetes-update-day-2017-tickets-34530989118) or by calling 1300 342 238. |
| **Research101****Coming Soon – Late October**  | Research Webinar series |  | **More information about this webinar series in the next newsletter**  | Will be available free of charge through ADEA’s LSM site <https://learning.adea.com.au/lms/login/index.php> |
| **ADEA Podcast series 2017 with Jan Alford:** 2 CPD points if you watch all 7 podcasts and complete the evaluation |
| **Episode 1 Gestational diabetes**  | Clinical  | **2 CPD points if you Listen to all 7 podcasts and complete the evaluation** | In this episode Jan will talk with **Amanda Bartlett**, who has worked in women’s health for over 30 years. The episode will provide an insight into the management and support of a person with gestational diabetes  | Available free of charge through ADEA’s LSM site <https://learning.adea.com.au/lms/login/index.php> |
| **Episode 2: Help me, secondary cause of diabetes** | Clinical  | In this episode Jan will be joined by **Professor Jerry Greenfield** an endocrinologist and clinical researcher to discuss secondary causes of diabetes |
| **Episode 3: Continuous Glucose Monitoring System** | Clinical  | In this episode Jan will be joined by **Wendy Bryant**, an experienced CDE to discuss relevant issues around continuous glucose monitoring  |
| **Episode 4: Diabetes education program and service needs of young adults with type 1 diabetes** | Clinical  | In this episode Jan will discuss the diabetes education and service needs of young people with diabetes with **Ashley Ng**, who is currently undertaking some research in this area as part of his PhD |
| **Episode 5 Informing older people with diabetes about glucose lowering medicines** | Clinical  | In this episode Jan will discuss diabetes and aged care with Professor **Trisha Dunning** |
| **Episode 6:** **The role of weight loss surgery in people with diabetes** | Clinical  | In this episode Jan will be discussing the role of weight loss surgery in people with diabetes with **Dr George Hopkins** |
| **Episode 7: Oral Health and diabetes** |  | In this episode Jan will be discussing oral health and diabetes with **Dr Kimberly Mathieu Coulton** and **Karen Lansdown.** |
| **RECORDINGS OF ADEA DEVELOPED WEBINARS**  |
| **Preconception Care in Type 1 and 2 Diabetes**  | Clinical  | 1 CPD point if you watch and evaluate this webinar | Webinar facilitated by **Alison Barry**, a midwife and credentialed diabetes educator with over 20 years of experience working in the specialty areas of diabetes and pregnancy.The webinar focuses on preconception care of woman with type 1 and type 2 diabetes  | Available through ADEA’s LSM site <https://learning.adea.com.au/lms/course/view.php?id=87> |
| **Scope of practice webinar**  | 3 CPD points if you watch the whole series and do the evaluation survey |
| **Scope of practice episode 1** | **Clinical**  |  | Interactive panel discussion to help you understand the role and scope of practice of CDEs in Australia | Available through ADEA’s LSM site <https://learning.adea.com.au/lms/course/view.php?id=87> |
| **Scope of practice episode 2** | **Clinical**  | outlines legal obligations and duty of care when titrating insulin, includes who is legally able to titrate insulin |
| **Scope of Practice episode 3** | **Clinical**  | Gain a greater understanding of the role and scope of practice of CDEs working in other disciplines |
| **Know your Insulin series**  | 4 CPD points if you watch the whole series and do the evaluation surveys |
| Know your Insulin series Episode 1 | Clinical  |  | This webinar raises the awareness of the prevalence and consequences of insulin related medicine errors  | Available through ADEA’s LSM site <https://learning.adea.com.au/lms/course/view.php?id=87> |
| Know your Insulin series Episode 2 | Clinical  |  | This webinar increases knowledge and understanding of insulin therapy and discusses the right insulin device and route and the right technique  |
| Know your Insulin series Episode 3 | Clinical  |  | This webinar highlights the importance of ensuring the right dose of insulin at the correct time to the correct person  |
| Know your Insulin series Episode 4  | Clinical  |  | This webinar outlines best practice protocols for the delivery of insulin when a person is sick or having surgery  |
| **Sick day management of adults with type 1 and type 2 diabetes webinar series**  |  | **3 CPD points if you watch the whole series and do the evaluation survey** | Available from ADEA’s LMS<https://learning.adea.com.au/lms/login/index.php> |
| Sick day management of adults with type 1 and type 2 diabetes webinar 1 | Clinical  |  | This series webinar series is an interactive panel discussion about the ADEA sick day guidelines and associated resources.  |
| Sick day management of adults with type 1 and type 2 diabetes webinar 2 | Clinical |  | Panel discussion and case study about the implication for type 1 diabetes  |
| Sick day management of adults with type 1 and type 2 diabetes webinar 3 | Clinical |  | Panel discussion and case study about the implication for type 2 diabetes  |
| Understanding the pregnancy journey for woman with type 1 diabetes  | Clinical/ management Pregnancy | 1 point | This webinar will increase your understanding and counselling skills to support women with type 1 diabetes who are pregnant or trying to get pregnant  | Available from ADEA’s LMS <https://learning.adea.com.au/lms/login/index.php> |
| Person Centred Care  | Management/research  | 1 point | Learn more about Person-Centred Care and how to measure if you are delivering person-centred care. Learn how to use the Patient Centred Care tool kit | Available from ADEA’s LMS<https://learning.adea.com.au/lms/login/index.php> |
| Introduction to health literacy  | Research/Management  | 1 point | This webinar and the supporting tools and documents assist health practitioners understand the principles of health literacy and the points to consider during consultations and when developing resources for people with diabetes | Available from ADEA’s LMS<https://learning.adea.com.au/lms/login/index.php> |
| Indigenous Health and Diabetes in pregnancy  | Clinical/Management  | I point | This webinar by Cindy Porter provides an overview of diabetes in pregnancy for indigenous women. It outlines appropriate service provisions and how to identify indigenous woman at risk of developing Diabetes in Pregnancy | Available from ADEA’s LMS<https://learning.adea.com.au/lms/login/index.php> |
| **ADEA DEVELOPED AND ENDORSED COURSES** |
| Assessment of a Person’s with diabetes and their fitness to drive – NDSS course  | Clinical  | 3 CPD points  | This course outlines requirements for Health Professionals around assessing people with diabetes and their fitness to drive and provides practical support and resources for health professionals when doing so. The course is based on national Assessing Fitness to Drive Guidelines as set out by Austroads. | Available through ADEA’s LSM site <https://learning.adea.com.au/lms/login/index.php> |
| Primary Health Care Nurses’ care and referral of people with complex diabetes care needs in general practice NDSS Course  | Clinical/Management  | 4 CPD Points | This online learning module will explore the role of Primary Health Care Nurses and members of the diabetes care team in the care of a person with complex diabetes care needs; decision making processes required and pathways involved when referring to other health professionals; and how to implement person centred care and support services available to people with diabetes. | Available through ADEA’s LSM site <https://learning.adea.com.au/lms/login/index.php> |
| **Continuous Glucose Monitoring****Currently being updated** **NDSS Course**  | Clinical Medications | 1 CPD points  | The information set out in this module provides an overview of Continuous Glucose Monitoring for Diabetes Educators. | Available through ADEA’s LSM site <https://learning.adea.com.au/lms/login/index.php> |
| **Continuous Subcutaneous Insulin Infusion e-learning course** | Clinical Medications | 3 CPD points  | The information set out in this module provides an overview of Continuous Sub cutaneous Insulin Infusion Guidelines for Diabetes Educators. | Available through ADEA’s LSM site <https://learning.adea.com.au/lms/login/index.php> |
| Eye health and Diabetes ADEA in partnership with Optometry Australia  | Clinical  | 2 CPD points  | This module reinforces the understanding of the effects of diabetes on the eye. It provides an insight into the role of the optometrist and ophthalmologist in the diagnosis and treatment of common conditions and discusses simple testing techniques and preferred referral processes. | Available through ADEA’s LSM site <https://learning.adea.com.au/lms/login/index.php> |
| **Oral Health and Diabetes (ADEA in Partnership with Dental Health Services Victoria** | Clinical Oral health  | 3 CPD points | This course provides you with the knowledge and confidence to discuss oral health issues with clients and to be able to identify signs of gum disease and refer identified problems to the clients preferred dental professional. | Available through ADEA’s LSM site <https://learning.adea.com.au/lms/login/index.php> |
| **Hearing and Diabetes**  | Hearing health  | 3 CPD points  | The Hearing and diabetes e-learning module is a beginning level program that provides you with an overview and introductory knowledge to hearing health and its impact on people with diabetes. | <https://learning.adea.com.au/lms/login/index.php> |
| **How to Exercise with type 1 diabetes** | ClinicalExercise  | 10 points for completing all modules | Explains complex concepts related to overcoming challenges to glucose homeostasis with exercise. Increases the confidence for delivering self-management education  | Available through the Exercise and Type 1 diabetes website <http://www.ext1d.com.au/adea/> |
| **RECORDED LECTURE SECRIES AVAILABLE TO WATCH** |
| Lectures from the 2016 Chronic Disease and Mental Health Symposium  |
| Lectures from the Chronic Disease and Mental Health Symposium | Clinical  | **8 CPD points for listening to all lectures and undertaking the evaluation**  | Outlines how poor psychological adjustment is related to worse disease outcomes, poor quality of life and increased suffering for patients and their families.  |  |
| Lectures from the Chronic Disease and Mental Health Symposium | Clinical  | This presentation will provide a consumer perspective on the challenges associated with the management of the burden of disease associated with chronic conditions in our current system. |  |
| Lectures from the Chronic Disease and Mental Health Symposium | Clinical | This presentation looks at cancer and provides an overview of the care needs of people who have completed treatment for their cancer.  |  |
| Lectures from the Chronic Disease and Mental Health Symposium | Clinical  | Outlines how poor psychological adjustment is related to worse disease outcomes, poor quality of life and increased suffering for patients and their families.  |  |
| Lectures from the Chronic Disease and Mental Health Symposium | Management  | This presentation focusses on the role of the practitioner in leading and building mutually collaborative professional relationships, reflecting on ways in which this may foster the patient's trust and hope in the proposed care pathway. |  |
| Lectures from the Chronic Disease and Mental Health Symposium | Research  | This presentation outlines research undertaken on interventions to improve the quality of life of people living with diabetes and to prevent severe hypoglycaemia. |  |
| Lectures from the Chronic Disease and Mental Health Symposium | Clinical Management | This presentation will focus on effective models that can be delivered by nurses to improve outcomes for people with chronic lung disease. |  |
| Lectures from the Chronic Disease and Mental Health Symposium | Clinical – ATSI focus  | This presentation focuses on the health and wellbeing of Aboriginal and Torres Strait Island people and those from socioeconomic backgrounds |  |
| Thought Leadership Lecture series |
| Thought Leadership Lecture series |  |  | Provides an overview of the many psychological obstacles to managing diabetes and provides practical on how a health practitioner can help their clients  |  |
| Thought Leadership Lecture series |  |  | This presentation will examine the evidence and data on depression and burnout and provide strategies for identifying and addressing these issues  |  |
| Thought Leadership Lecture series |  |  | This webinar will review our understanding of motivation in diabetes and how the proper framing of diabetes messages can overcome the shame, hopelessness and discouragement that so many people with diabetes display. |  |
| Thought Leadership Lecture series |  |  | Provides an overview of the many psychological obstacles to managing diabetes and provides practical on how a health practitioner can help their clients  |  |
| **Externally Endorsed Courses/ Webinar**  |
| **Insulin Pump Training:** Initiate | Clinical - medications  | 4 CPD points for completing all modules  | This program involves six learning modules designed to give you the initial tools required to successfully understand and implement insulin pump therapy.  | Available on the Medtronic website <https://hcp.medtronic-diabetes.com.au/my-learning> |
| **Insulin Pump Training:** Develop | Clinical medications | 4 CPDpoints for completing for completing all modules  | This program involves six learning modules designed to give you a deeper understanding of insulin pump therapy: | Available on the Medtronic website <https://hcp.medtronic-diabetes.com.au/my-learning>(  |
| **Mental Health and Diabetes in Youth**  | Clinical/ management Mental Health  | 5CPD points for completing all 5 modules  | This Module considers the global context affecting the scale and nature of emerging challenges for healthcare delivery in support of youth living with diabetes and for some, comorbid mental disorders. | Available through the Sir Frederick Banting Legacy Foundation website <http://bantinglegacy.ca/e-learning/> |
| **How to Exercise with type 1 diabetes** | ClinicalExercise  | 10 CPD points for completing all modules | Explains complex concepts related to overcoming challenges to glucose homeostasis with exercise. Increases the confidence for delivering self-management education  | Available through the Exercise and Type 1 diabetes website <http://www.ext1d.com.au/adea/> |
| **Pre-pregnancy planning and care of women with diabetes**  | Clinical  | 2 CPD points  | 3 e-leaning modules cover the topic of pre-pregnancy planning and care for women with diabetes.  | <http://www.pregnancyanddiabetes.com.au/en/for-health-professionals/continuing-education/e-learning-modules/> |
| **Diabetes Queensland** **Carbohydrate counting workshops** **Next workshops to be held in Brisbane on 13 October**  | Clinical  | 6 CPD points  | Carbohydrate Counting for Health Professionals is an interactive workshop which empowers health professionals with the skills, knowledge and confidence to count carbohydrates utilising a variety of different tools and techniques.is | [https://www.diabetesqld.org.au/get-involved/what's-on.aspx?page=4](https://www.diabetesqld.org.au/get-involved/what%27s-on.aspx?page=4) |
| **ASTRA ZENECA NATIONAL DIABETES WEEK WEBINAR SERIES 10-14 July** | Clinical  | 1 CPD point per webinar  | 1. Testosterone in men with type 2 diabetes
2. Understanding the relationship between obesity and type 2 diabetes
3. Primary care approach to chronic kidney disease management
4. Understanding diabetic retinopathy
5. Treating the whole patient – managing diabetes related stress and mindfulness
 | <https://www.adea.com.au/wp-content/uploads/2016/04/NDW-Invite-Vic-Tas-NSW-QLD.pdf> |
| **Conferences and Endorsed Workshops 2017** |
| **2017 ADS-ADEA Annual Scientific Meeting** – Perth Western Australia **Wednesday 30/8/2017 – 1/9/2017** | Various  | 24 CPD Points  | Some conference recordings are available from the ASN website <http://www.ads-adea.org.au> |  |
| **Queensland Branch Conference.- Brisbane** **26 & 27 May 2017** | Clinical  | 16 CPD points |  |  |
| **Victorian Branch Conference** **17 June 2017** | Clinical  | 8 CPD points  |  |  |
| **NSW/ACT****2&3 June**  | Clinical  | 12 CPD points  |  |  |
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