**ADEA CPD and ADEA Endorsed CPD – current June 2017**

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| **Topic** | **Area** | **CPD Point allocation** | | **Description** | | **Website** |
| **National Diabetes Week 2017 webinar series – diabetes from top to toe.** | Clinical | 1 per webinar | | AstraZeneca is supporting National Diabetes Week 2017 by running a series of educational webinars to help raise awareness and understanding about diabetes and how this chronic disease effects Australians, from top to toe. | | Event flyer and registration available at  <https://www.adea.com.au/credentialling/lifelong-learning/current-adea-endorsed-programs/> |
| **Preconception Care in Type 1 and 2 Diabetes**  **Webinar to be held 17 May 2017 @2pm** | Clinical |  | | Webinar facilitated by Alison Barry, a midwife and credentialed diabetes educator with over 20 years of experience working in the specialty areas of diabetes and pregnancy.  Alison held the position of Clinical Nursing Consultant at the Royal Brisbane and Women’s Hospital for an extended period where she has been involved in the multi-disciplinary care for pregnant women with Type 1, Type 2, gestational diabetes and pre-conception care for with women with pre-existing diabetes.  This webinar will be recorded and will be available 24 hours after the webinar | | Available through ADEA’s LSM site  <https://learning.adea.com.au/lms/course/view.php?id=87> |
| **Australian and New Zealand Forum for Injection Technique and Therapy Expert Recommendations** | Clinical |  | | This face to face workshop bring together experts from Australia and NZ to share the latest research findings on an international injection technique study –The objective of the event is to ensure that DE have a better understanding of correct injection technique for optimising patient outcomes. | | Please RSVP by Friday 5 May 2017  [rsvp@healthhaus.net.au](mailto:rsvp@healthhaus.net.au) |
| **Insulin Pump Training:** Initiate | Clinical - medications | 4 points for completing all modules | | This program involves six learning modules designed to give you the initial tools required to successfully understand and implement insulin pump therapy. | | Available on the Medtronic website  <https://hcp.medtronic-diabetes.com.au/my-learning> |
| **Insulin Pump Training:** Develop | Clinical medications | 4 points for completing for completing all modules | | This program involves six learning modules designed to give you a deeper understanding of insulin pump therapy: | | Available on the Medtronic website  <https://hcp.medtronic-diabetes.com.au/my-learning> |
| **Mental Health and Diabetes in Youth** | Clinical/ management Mental Health | 5 points for completing all 5 modules | | This Module considers the global context affecting the scale and nature of emerging challenges for healthcare delivery in support of youth living with diabetes and for some, comorbid mental disorders. | | Available through the Sir Frederick Banting Legacy Foundation website  <http://bantinglegacy.ca/e-learning/> |
| **How to Exercise with type 1 diabetes** | Clinical  Exercise | 10 points for completing all modules | | Explains complex concepts related to overcoming challenges to glucose homeostasis with exercise. Increases the confidence for delivering self-management education | | Available through the Exercise and Type 1 diabetes website  <http://www.ext1d.com.au/adea/> |
| **Primary Health Care Nurses’ care and referral of people with complex diabetes care needs.** | Clinical/ Management | 4 CPD points | | This online learning module will explore the role of Primary Health Care Nurses and members of the diabetes care team in the care of a person with complex diabetes care needs and discusses decision making to referral pathways | | Available through ADEA’s LSM site  <https://learning.adea.com.au/lms/login/index.php> |
| **The assessment of a person with diabetes and their fitness to drive.** | Clinical | 3 CPD points | | This course outlines requirements for Health Professionals around assessing people with diabetes and their fitness to drive and provides practical support and resources for health professionals when doing so. The course is based on national Assessing Fitness to Drive Guidelines as set out by Austroads. | | Available through ADEA’s LSM site  <https://learning.adea.com.au/lms/login/index.php> |
| **Continuous Subcutaneous Insulin Infusion e-learning course** | Clinical  Medications | 3 CPD points | | The information set out in this module provides an overview of Continuous Sub cutaneous Insulin Infusion Guidelines for Diabetes Educators. | | Available through ADEA’s LSM site  <https://learning.adea.com.au/lms/login/index.php> |
| **Continuous Glucose Monitoring**  **Currently being updated** | Clinical  Medications | 1 CPD points | | The information set out in this module provides an overview of Continuous Glucose Monitoring for Diabetes Educators. | | Available through ADEA’s LSM site  <https://learning.adea.com.au/lms/login/index.php> |
| **Eye Health and Diabetes (ADEA in Partnership with Optometry Australia and Bayer)** | Clinical  Eye health | 2 CPD points | | This module reinforces the understanding of the effects of diabetes on the eye. It provides an insight into the role of the optometrist and ophthalmologist in the diagnosis and treatment of common conditions and discusses simple testing techniques and preferred referral processes. | | Available through ADEA’s LSM site  <https://learning.adea.com.au/lms/login/index.php> |
| **Oral Health and Diabetes (ADEA in Partnership with Dental Health Services Victoria** | Clinical  Oral health | 3 points | | This course provides you with the knowledge and confidence to discuss oral health issues with clients and to be able to identify signs of gum disease and refer identified problems to the clients preferred dental professional. | | Available through ADEA’s LSM site  <https://learning.adea.com.au/lms/login/index.php> |
| **Hearing and Diabetes**  **Recently released course** | Hearing health |  | | The Hearing and diabetes e-learning module is a beginning level program that provides you with an overview and introductory knowledge to hearing health and its impact on people with diabetes. | | <https://learning.adea.com.au/lms/login/index.php> |
| **Ambulatory Glucose Profile (AGP): The new frontier in diabetes management** | CL diabetes management | 1 point for watching webinar | Describes the benefits of a diabetes management tool, interprets glycaemic patterns, improve patient outcomes and safety by implementing a revised management plan | | Available through md BriefCase Australia website  <http://www.mdbriefcase.com.au/programlist.aspx?action=4> | |
| Scope of practice webinar series | Clinical | 3 points if you watch the whole series and do the evaluation survey | | | Available from ADEA’s LMS  <https://learning.adea.com.au/lms/login/index.php> | |
| Scope of practice series |  |  | Interactive panel discussion to help you understand the role and scope of practice of CDEs in Australia | |  | |
| Scope of practice series |  |  | outlines legal obligations and duty of care when titrating insulin, includes who is legally able to titrate insulin | |  | |
| Scope of practice series |  |  | Gain a greater understanding of the role and scope of practice of CDEs working in other disciplines | |  | |
| Know your Insulin series |  | 4 points if you watch the whole series and do the evaluation surveys | | | Available from ADEA’s LMS  <https://learning.adea.com.au/lms/login/index.php> | |
| Know your Insulin series | Clinical |  | This webinar raises the awareness of the prevalence and consequences of insulin related medicine errors | |  | |
| Know your Insulin series | Clinical |  | This webinar increases knowledge and understanding of insulin therapy and discusses the right insulin device and route and the right technique | |  | |
| Know your Insulin series | Clinical |  | This webinar highlights the importance of ensuring the right dose of insulin at the correct time to the correct person | |  | |
| Know your Insulin series | Clinical |  | This webinar outlines best practice protocols for the delivery of insulin when a person is sick or having surgery | |  | |
| Sick day management of adults with type 1 and type 2 diabetes webinar series |  | 3 points if you watch the whole series and do the evaluation survey | | | Available from ADEA’s LMS  <https://learning.adea.com.au/lms/login/index.php> | |
| Sick day management of adults with type 1 and type 2 diabetes webinar series | Clinical |  | This series webinar series is an interactive panel discussion about the ADEA sick day guidelines and associated resources. | |  | |
| Sick day management of adults with type 1 and type 2 diabetes webinar series | Clinical |  | Panel discussion and case study about the implication for type 1 diabetes | |  | |
| Sick day management of adults with type 1 and type 2 diabetes webinar series | Clinical |  | Panel discussion and case study about the implication for type 2 diabetes | |  | |
| Thought Leadership Lecture series |  | 6 points if you watch the whole series and do the evaluation survey | | | Available from ADEA’s LMS  <https://learning.adea.com.au/lms/login/index.php> | |
| Thought Leadership Lecture series |  |  | Provides an overview of the many psychological obstacles to managing diabetes and provides practical on how a health practitioner can help their clients | |  | |
| Thought Leadership Lecture series |  |  | This presentation will examine the evidence and data on depression and burnout and provide strategies for identifying and addressing these issues | |  | |
| Thought Leadership Lecture series |  |  | This webinar will review our understanding of motivation in diabetes and how the proper framing of diabetes messages can overcome the shame, hopelessness and discouragement that so many people with diabetes display. | |  | |
| Lectures from the Chronic Disease and Mental Health Symposium |  | 8 points if you watch the whole series and do the evaluation survey | | | Available from ADEA’s LMS  <https://learning.adea.com.au/lms/login/index.php> | |
| Lectures from the Chronic Disease and Mental Health Symposium |  |  | Outlines how poor psychological adjustment is related to worse disease outcomes, poor quality of life and increased suffering for patients and their families. | |  | |
| Lectures from the Chronic Disease and Mental Health Symposium |  |  | This presentation will provide a consumer perspective on the challenges associated with the management of the burden of disease associated with chronic conditions in our current system. | |  | |
| Lectures from the Chronic Disease and Mental Health Symposium |  |  | This presentation looks at cancer and provides an overview of the care needs of people who have completed treatment for their cancer. | |  | |
| Lectures from the Chronic Disease and Mental Health Symposium |  |  | Outlines how poor psychological adjustment is related to worse disease outcomes, poor quality of life and increased suffering for patients and their families. | |  | |
| Lectures from the Chronic Disease and Mental Health Symposium |  |  | This presentation focusses on the role of the practitioner in leading and building mutually collaborative professional relationships, reflecting on ways in which this may foster the patient's trust and hope in the proposed care pathway. | |  | |
| Lectures from the Chronic Disease and Mental Health Symposium |  |  | This presentation outlines research undertaken on interventions to improve the quality of life of people living with diabetes and to prevent severe hypoglycaemia. | |  | |
| Lectures from the Chronic Disease and Mental Health Symposium |  |  | This presentation will focus on effective models that can be delivered by nurses to improve outcomes for people with chronic lung disease. | |  | |
| Lectures from the Chronic Disease and Mental Health Symposium |  |  | This presentation focuses on the health and wellbeing of Aboriginal and Torres Strait Island people and those from socioeconomic backgrounds | |  | |
| Lectures from the Chronic Disease and Mental Health Symposium |  |  | This presentation will identify some of the challenges and opportunities when working in partnership in care provision to people experiencing chronic disease, and in particular how clinical supervision can help. | |  | |
| Lectures from the Chronic Disease and Mental Health Symposium |  |  | This presentation outlines compassion fatigue in health professionals and provides skills and approaches to prevent this from occurring. | |  | |
| Understanding the pregnancy journey for woman with type 1 diabetes | Clinical/ management  Pregnancy | 1 point | This webinar will increase your understanding and counselling skills to support women with type 1 diabetes who are pregnant or trying to get pregnant | | Available from ADEA’s LMS  <https://learning.adea.com.au/lms/login/index.php> | |
| Person Centred Care | Management/research | 1 point | Learn more about Person-Centred Care and how to measure if you are delivering person-centred care. Learn how to use the Patient Centred Care tool kit | | Available from ADEA’s LMS  <https://learning.adea.com.au/lms/login/index.php> | |
| Introduction to health literacy | Research/  Management | 1 point | This webinar and the supporting tools and documents assist health practitioners understand the principles of health literacy and the points to consider during consultations and when developing resources for people with diabetes | | Available from ADEA’s LMS  <https://learning.adea.com.au/lms/login/index.php> | |
| Indigenous Health and Diabetes in pregnancy | Clinical/  Management |  | This webinar by Cindy Porter provides an overview of diabetes in pregnancy for indigenous women. It outlines appropriate service provisions and how to identify indigenous woman at risk of developing Diabetes in Pregnancy | | Available from ADEA’s LMS  <https://learning.adea.com.au/lms/login/index.php> | |

**Endorsed Workshops and conferences and recordings of events**

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| **Conference recordings** | **Area** | **Topic** | **CPD Point allocation** | | **Description** | **Website** | **Cost** |
| **ADS &ADEA Annual Scientific Meeting 2016 recordings** | Various | Various |  | | Recordings of most sessions at the conference are able to be accessed by those people who attended the conference.  ADEA will shortly provide access to some recordings through the ADEA LSM Website – Watch this space | <http://www.ads-adea.org.au/session-recordings/> |  |
| **ADEA – NSW Conference 2016** |  |  | 5 points for attending or listening to all recordings and undertaking evaluation. | | | Recording available through the ADEA LMS at  <https://learning.adea.com.au/lms/login/index.php> |  |
|  | Clinical | The Best Exotic Metabolic and Diabetic Clinic |  | This session by Dr Soji Swaraj, will outline an unusual philosophical approach to insulin use in type 2 diabetes and a staging strategy to help protect the older diabetic from iatrogenic harm. | |  |  |
|  | Research | Evidence-based Practice and ADEA Research Foundation |  | This session by Professor Trisha Dunning, will describe levels of research as they apply to the diabetic educator role and diabetes care and education and will outline the work of the ADEA Research Foundation. | |  |  |
|  | Clinical | Current Issues in Gestational Diabetes |  | This session by Ms Leah Snape will discuss the management of diabetes in pregnancy and whether unanimity with the current guidelines means the same thing as unity. | |  |  |
|  | Management | Use of Technology in the Management of Diabetes |  | This session by Natalie Wischer will showcase why, how and what can be used, from social media in a few seconds to the development of a new website in minutes. This fast paced and highly informative session will feast your senses and leave your head spinning and wanting to get on board. | |  |  |
|  | Clinical | Diabetes and Cystic Fibrosis |  | This session by Dr Katie-Jane Wynne provides an understanding of cystic fibrosis related diabetes (CFRD) and outlines aspects of the Australian Guidelines for the management of CFRD including the use of new technology and novel drugs which are used in CFRD. | |  |  |
| ADEA –WA conference 2016 |  |  | 3 points for listening to all recordings and undertaking evaluation | | | Recordings available through the ADEA LMS at  <https://learning.adea.com.au/lms/login/index.php> |  |
|  | Clinical | Sweet dreams are made of this? The enduring karma of glucose control in diabetes |  | This session by Professor Merlin Thomas will explore the latest data surrounding the long-lasting benefits of glucose control in diabetes. | |  |  |
|  | Clinical | Meeting the challenge of renal disease in the Aboriginal population |  | This session by Professor Mark Thomas looks at the challenges associated with renal disease in Aboriginal population groups. | |  |  |
|  | Clinical | Advanced genetics methods help us better understand diabetes and predict people at risk |  | This session by Professor Grant Morahan outlines a novel approach to identify combinations of genes that can predict disease outcomes. Defining genetic risk groups will allow better characterisation, prevention and clinical management of people with complex diseases such as diabetes, Cardiovascular disease and cancer. | |  |  |
| ADEA –Vic Branch Conference 2015 |  |  | 4 points if you listen to the recording and complete the evaluation | | |  | **$80** |
|  | Research | Working with a Diabetes Educator/Novice Researcher | 1 point | This session provides a personal perspective of a Diabetes Educator who has combined clinical practice and research. It outlines the relationship between clinical practice and research | | Recordings available through the ADEA LMS at  <https://learning.adea.com.au/lms/login/index.php> |  |
|  | Clinical aged care | Diabetes and the Elderly – McKellar Guidelines | I point | This presentation highlights the vulnerabilities associated with diabetes and the role of the McKellar guidelines in the management older people with diabetes. | | Recordings available through the ADEA LMS at  <https://learning.adea.com.au/lms/login/index.php> |  |
|  | Management | Caring for the Educator | I point | This presentation by Beth Wilson outlines strategies to prevent burnout in Diabetes Educators | | Recordings available through the ADEA LMS at  <https://learning.adea.com.au/lms/login/index.php> |  |

**Endorsed Educational Resources**

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| **Topic** | **Area** | **CPD Point allocation** | **Description** | **Website** | **Cost** |
| **Peeking into Type 1 diabetes**  Book for children | CL  Resource | N/A | Peeking into Type 1 diabetes is a book written by Amanda Lenehan. It gives a basic overview of day to day dealing with Type 1 diabetes.  Suitable for pre-primary and primary school children | <http://www.peekingintotype1diabetes.com.au/> | $10 |
| **Welcome to the isle of IP**  Book for children | CL  Resource | N/A | This booklet has been developed as a guide to everyday situations children encounter who are on insulin pumps.  It is aimed at children | <http://www.insulinpumpangels.com/isle-of-ip-book-diabetes-book/> | $24.99 |
| **Positive cardio metabolic health for people with an intellectual disability: an early intervention framework** | CL  On-line resource |  | This National Framework guides medical professionals through cardiometabolic risk screening, provides intervention strategies tailored to people with an Intellectual disability, identifies specific syndromes with altered cardiometabolic risk profiles and links to accessible resources for clinicians, people with an ID and carers. | <https://3dn.unsw.edu.au/project/postive-cardiometabolic-health-people-intellectual-disabilities-early-intervention-framework> | **Free** |
| **Research Review** | Will vary depending on the article | I point/ lit review | Diabetes Research Review publication for self-directed study | <http://www.researchreview.com.au/au/Home.aspx> |  |