

# type 2 diabetes

## Medicare group services

### Medicare Group Items for People with Type 2 Diabetes

From 1 May 2007, new Medicare items for the provision of group services to people with type 2 diabetes provided by Credentialed Diabetes Educators (CDEs) and/or Accredited Exercise Physiologists (AEPs) and/or Accredited Practising Dietitians (APDs), who are registered providers with Medicare Australia. More detailed information about these new items (81100 to 81125) can be found on the Department of Health and Ageing (DoHA) website at: [www.health.gov.au/epc](http://www.health.gov.au/epc).

#### STEP 1: Referral

GP refers eligible patient to CDE or AEP or APD or practice *known be involved in group services* under the Medicare Group Items, to be **assessed** for suitability for a preferred group services.



#### STEP 2: Individual Assessment

CDE or AEP or APD individually **assesses** the patient and prepares them for group services. Patients unsuitable for groups may be screened out at this time.

Report: to GP on assessment undertaken, suitability for group services, nature of proposed group services.



#### STEP 3: Group Services

CDE and/or AEP and/or APD conduct group services.

Patients are eligible for a maximum of 8 sessions per calendar year.

Sessions must include 2-12 Medicare patients, however, other patients can also attend.

Report: after last service to referring GP for each Medicare patient.

Credentialed Diabetes Educators (CDEs) hold health professional qualifications in either nursing, dietetics or medicine with expertise in diabetes education. Accredited Exercise Physiologists (AEPs) have health professional qualifications with expertise in either health and fitness or exercise rehabilitation. Accredited Practising Dietitians (APDs) have health professional qualifications with expertise in medical nutrition therapy. CDEs, AEPs and APDs are trained to provide expertise and guidance for your patients with type 2 diabetes.



