
Branch Activities and Updates

ADEA-ACT Branch

ADEA-ACT Branch Executive Team

Chair: Rosemary Young

Finance Officer: Lynelle Boisseau

Secretary: Vicki Mahood

Changes in membership

There have been no changes to the ACT Branch Executive, however we are currently seeking nominations from branch membership for both chair and secretary positions.

Our Current membership stands at 40 with 22 of these being credentialed.

2015-16 activities and achievements

ACT Branch members completed a survey in late 2015 regarding meetings. Resulting from this survey, the branch elected to reduce the number of branch meetings to three per year.

The Branch Executive has made a commitment to ensure professional development opportunities precede each branch meeting.

Teleconferencing options were available at branch meetings to allow participation by those regional members who have distance to travel.

Recent activities include:

- Dr. Joanne Ramadge attended November 2015 meeting to update members on ADEA activities and directions
- Presentation by Dr C Petersons Endocrinologist November 2015 meeting 'When the type doesn't fit. The "other" types of diabetes'.
- March 2016 meeting 'Insulin Master Class' presented by D NG and sponsored by Novo Nordisk Pharmaceuticals.

Plan for 2016-17 activities

July 2016 meeting, Rachael Freeman from ADEA will present on 'Scope of Practice' based on the ADEA webinar series.

Acknowledgments

Congratulations to RN CDE Lynelle Boisseau who was the well-deserved winner of the inaugural CDE of the year in ACT award. Lynelle has worked as a diabetes educator for the last 23 years and been an active member of ADEA–ACT branch for over 20 years.

Thanks to Nipro and Novo Nordisk for their support in providing professional development opportunities for members.

Thanks to staff at National Office for their excellent administrative support.

ADEA-NSW BRANCH

ADEA NSW BRANCH EXECUTIVE TEAM

Chair: Megan Paterson

Finance Officer: Tracy Desborough

Secretary: Michelle Neylan

Changes in membership

There have been no changes to the NSW Branch to the NSW branch executive, however we are currently seeking nominations from branch members for both the chair and secretary positions.

Our current membership stands at 424 members.

2015-2016 activities and achievements

NSW branch held a Branch Conference for members on Saturday 4 June in Sydney. It was well supported by sponsors and attended by 147 delegates.

The Branch Executive has made a commitment to ensure quarterly branch meetings were held during 2015-16. Meeting dates were provided in advance to members via the website.

Teleconference options have been available at branch meetings to allow participation by members from regional members who have long distances to travel.

The Branch Executive has encouraged regional areas to hold branch meetings in future.

Recent activities include:

- J Ramadge attended the June branch meeting to update members on ADEA activities and directions
- Presentation delivered by Megan Paterson at the April meeting 'The glycaemic impact of dietary protein in type 1 diabetes'
- Development of a Conference Organising Sub-committee for the 2016 Branch Conference. This will be ongoing for future Branch Conferences.

Plan for 2016-2017

- Plan to hold the 2017 Branch Conference in the regional area, potentially in Wollongong
- Plan to use webinar to facilitate access to branch meetings for all members
- Members of the ADEA-NSW Branch Executive will commit to holding at least one branch meeting per year in a regional area of NSW.
- We will continue to promote engagement of members in participating in ADEA activities.

ADEA-NT Branch

ADEA-NT Branch Executive Team

Chair: Gregory Solomon (SoLi)

Finance Officer: Leanne Kuchel

Secretary: Sharon Johnson

Branch membership

Our membership continues to grow from approximately 40 members (2014-15 report) to 46 active members with half of these being CDEs. We have also had a change in branch secretary with Caroline Cook moving interstate with her position being filled by Sharon Johnson.

2015-16 activities and achievements

Branch meetings

Continue to occur every 3 months with participation by members with an average of 15 members per meeting and can vary from anywhere between six to twenty participants with a core group that participates regularly, either via teleconference or in person.

One of our continued challenges has been getting members to participate in these meetings. As many members work remotely, it has been cited that their attendance is often at the whim of health clinics as accommodation may not have phone access and mobile phone coverage possibly not available.

Masterclass

A Masterclass on the topic of 'Type 1 Diabetes and Insulin Pumps' was held on Saturday 14th May 2016. There were 30 registrants with 22 of the registrants attending. 4 joined via videoconference and of these 4 attendees, 2 were from Alice Springs, 1 was from Townsville and the other from Mt Isa. 2 were not able to join due to technical issues.

The Masterclass went extremely well with content being well-structured and case-scenarios based on real-life cases from the presenters themselves and increased the reality, experiences and expertise of CDEs on this topic with a number of good antidotes for others to use in their own practice. Videoconference facility was utilised well and with more support and knowledge of its use, utilised to its full potential for future classes.

Plan for 2016-17 activities

To be discussed at the next branch meetings as to whether they would prefer the Masterclass format or a traditional type conference. Certainly due to the NT covering a large geographical area and the high expenses for travelling, videoconference may well be the preferred choice for the future.

ADEA-QLD Branch

ADEA-QLD Branch Executive Team

Chair: Emma Holland

Finance Officer: Jan Branch

Secretary: Margaret Whillier

2015-16 activities and achievement

During 2015-16, we held two branch meetings.

In December, we held a meeting prior to an educational event hosted by Novo Nordisk and Roche Diagnostics. The educational component was a presentation by Dr Naomi Chong on 'Glycaemia in breast feeding women with type 1 diabetes and practical guides for GDM'.

The meeting was well attended by members and it was an opportunity to acknowledge three Queensland members who retired during 2015 – Roswita Baker, Lynnette Randall and Helleen Purdy.

In May, the branch meeting was held following the *Sanofi Diabetes Educators Day*. The day's program was full of excellent presentations on topics such as CGMS, foot care, updates on medications, sudden death in patients with diabetes, sexual dysfunction, medication safety, diabetes in the emergency department, type 1 diabetes and exercise.

During the year, branch meetings were opportunities for members to receive updates from National Office including board reports and updates from the State-wide Diabetes Clinical Network.

The administration of insulin by carers is a topic regularly discussed and reviewed at branch meetings. We were also able to offer webinar facilities for members to dial in to the meetings.

We did not hold a branch conference this year due to the ASM being held in the Gold Coast in August 2016.

Plan for 2016-17 activities

We hope to have our Branch Conference in May 2017 in a regional part of Queensland.

ADEA-SA Branch

ADEA-SA Branch Executive Team

Co-Chair: Caroline Ford – retiring

Co-Chair: Jenny von der Borch – retiring

Finance Officer: Effie Kopsaftis – continuing

Secretary: Pam Smith – retiring



ADEA-SA Branch Day Seminar on Saturday 25 June 2016

Acknowledgement

Sincere thanks to all of the volunteer members in the ADEA-SA Branch who have given their time and energy to participate and support our branch of the ADEA. Also thanks to Joanne Ramadge, Katy Robinson and other staff in the National Office for their professionalism, support and promptness in replying to our questions. Last but not least, we wish to thank and acknowledge the generous company representatives who have sponsored our branch events throughout the year. As a branch, we appreciate the time, resources, effort and valuable contribution that is shared by each company. Thank you.

2015-16 activities and achievements

Our core SA Branch business continues to focus on the professional development, communication and networking of branch members. The following activities were undertaken throughout the year.

Branch Dinner Meetings

The ADEA-SA Branch Education Committee has done an outstanding job coordinating and conducting the branch meetings. These meetings continue to be conducted every three months, with planning meetings in between these dates. Attendance at these meetings has been good and we continue to have positive and constructive feedback about the meetings, dinner and the venue.

The great amenities and service at our venue should also be acknowledged. Martini's at Norwood have continued to provide us with superior service, great dining and use of their technology. We are truly grateful for their support.

There has been a range of interesting speakers this year. These speakers have also included CDEs in SA, allied health professionals and specialists. Examples of the interesting topics presented at the branch meetings this year include:

- Dr Chen: Diabetic Retinopathy
- Ms Sandra Daugalis: Carbohydrate Counting
- Ms Chris Boorman: Hypoglycaemia Unawareness

Another focus at most of the meetings has been the support for the new online credentialling process.

Branch Conference

The SA Branch Conference was held on June 25 at the Education Centre, 4 Milner Street Hindmarsh, titled 'Diabetes: Mind and Body'.

Branch Executive and Education Committee

S.A ADEA Education Organising Committee	Committee & venues Committee & sponsors Committee & speakers Committee & secretary Committee & venues	Thelma Matanga - retiring Luisa Pinto - retiring Jenny Johns - retiring Neroli Price - retiring Helen Ziping Huang - retired
ADEA Credentialling Officer	State Credentialling committee	Lauren Botting - ongoing Chris Lester - ongoing

The Branch Executive and Education Committee have had a productive year. They have been working tirelessly behind the scenes to make each meeting a success. Each member is to be congratulated for their various and very valuable contributions.

- Luisa Pinto, Neroli Price, Jenny Johns and Thelma Matanga have done an amazing job at planning each branch

meeting, organising sponsorship, venue negotiation and finding speakers. Thank you so much for your outstanding involvement.

- Pam Smith has done an amazing job at getting the minutes always professionally done. Thank you.
- Effie Kopsaftis has done a great job as Treasurer and thank you for your kind support.
- Jenny von der Borch as Co-Chair has chaired the meetings this year and the branch is very appreciative of this. Thank you so much Jenny for your wonderful contribution and support.
- Caroline Ford as Co-Chair has been participating in a range of other voluntary National ADEA groups (Curtin University Course Advisory Committee, ADEA representative on Diabetes and End of Life writers group and supporting branch activities).

There are many other members of the ADEA-SA Branch who are involved in a range of voluntary committees and working groups and as a branch we are so thankful and grateful for your voluntary contributions. Without everyone's valuable dedication, inspiration and kind donation of time, we would not have the quality of care that is currently provided for people with diabetes. Thank you.

As a joint Executive and Education Organising Committee, we are calling for nominations to fulfil the positions that will become vacant at the June conference. All positions will be available, except for Treasurer at this meeting.

Podcasts and slide sharing

Podcast recordings of consenting speakers has continued during branch meetings in 2015-16. This gives other members who were unable to make the meetings the opportunity to listen to the invited speakers. The branch co-chairs have been recording the speaker talks with a podcast recorder. This is then emailed to National Office for uploading on the branch page of the ADEA website. Speaker slides are also uploaded to the website after their presentation for further use.

Facebook Page

There has been an increase in use this year with members using this page for communicating local activities, posing clinical questions and for advertising branch events. Caroline has continued to administrate the closed branch Facebook Page just for ADEA-SA members.

Retiring Members

This past financial year has seen the retirement of the following members:

- Marianne Lambert
- Chris Boorman
- Chris Lester

The ADEA-SA branch extends our sincerest thanks to them for their many years of contribution of skills, knowledge and mentoring for our members and our profession and hope they have rewarding retirement.

Useful link

- Branch meetings, minutes, agendas and podcasts:
<https://www.adea.com.au/?p=203>

ADEA-TAS Branch

ADEA-TAS Branch Executive Team

Chair: Sue Armstrong

Finance Officer: Andrea Radford

Secretary: Maggie Lasdauskas

2015-16 activities and achievements

Branch events

June 2015

Meeting held in Hobart and sponsored by MSD. A research paper from the ADA conference in USA was presented.

October 2015

ADEA-TAS branch joined the Tasmanian Health Conference. A trade/exhibition table was attended by ADEA-TAS members S.Armstrong and M.Starosta. Delegates expressed great interest in ADEA and credentialed diabetes educators.

December 2015

This was an end of the year meeting at Campbell Town with sponsorship from Nipro Australia.

Caroline Wells, CEO of Diabetes Tasmania, attended for a question and answer session on the topic of diabetes consumables, changes in the NDSS and future of Diabetes Tasmania.

March 2016

Masterclass 'Diabetes and Pregnancy' was held in Hobart. ADEA CEO, Dr Joanne Ramadge, attended and introduced speakers for the event. Received feedback was very positive. A branch meeting was held on the same day. Thank you to everybody involved.

Teleconference

Teleconference facilities were available at branch meetings to allow participation by members from other locations.

Research projects

- Pandini – Paediatrics Hobart, continuing research on 'design of an insulin pump decision tool'.
- Leader research, sponsored by NovoNordisk, has completed.

Primary Health Tasmania

ADEA-TAS branch has joined Primary Health Tasmania as a tier 1 member. Primary Health Tasmania is a non-government, not-for-profit organisation working to connect care and keep Tasmanians well and out of hospital. The organisation is one of 31 similar bodies established around Australia on 1 July 2015 as part of the Primary Health Networks Programme – an Australian Government initiative. The Government has set the following objectives for primary health networks nationally:

- Increasing the efficiency and effectiveness of medical services for patients, particularly those at risk of poor health outcomes
- Improving coordination of care to ensure patients receive the right care in the right place at the right time.

This membership allows the CDEs in Tasmania the ability to:

- Provide input to committees and working parties for areas that involve diabetes
- Liaise with other health care professionals
- Continue with the importance of CDEs within the health arena

Plan for 2016-17 activities

ADEA-TAS branch meetings: 19 Nov 2016

- Meeting to be held in Launceston, venue to be arranged
- Education component to be supported by AstraZeneca Australia

Videoconference and teleconference

At least two branch meetings next year, dates to be arranged at the meeting in Nov 2016. Videoconference and teleconference facilities will be provided.

End of the year meeting

A face-to-face meeting, date to be organised.

Insulin pump education day

Past discussions with AMSL – Animas, date to be arranged.

Acknowledgments

Congratulations to CDEs Andrea Radford for being awarded CDE of the Year in Tasmania in 2015. Well done!

Welcome to new members of ADEA.

Congratulations to new credentialled diabetes educators.

Thank you to NO for regular updates by emails. Thank you for assisting in the organisation of the Masterclass.

ADEA-VIC Branch

ADEA-VIC Branch Executive Team

*Co-Chair: Michelle McAlister
and Ann Bush*

Finance Officer: Gillian Krenzin

Finance Officer: Elizabeth Lacey

Secretary: Suzanne Bulmer

This August sees the end of this current 2-year term of the executive team. It has been a busy tenure with lots of changes and challenges. Whilst these positions are voluntary and require a time commitment, members of the Executive Team feel rewarded by knowing they are supporting the ADEA's growth and development. The current members of the Executive Team have decided not to re-nominate so we look forward to welcoming a new Executive Team.

2015-16 activities and achievements

Branch Meetings 2015-16

There have been four branch meetings this financial year. The meetings were located in volunteer host hospitals. Each meeting has an educational component. One of the meetings was held at the ADEA-VIC Branch Conference, which allowed regional members to attend. We would like to thank the hosts, speakers and sponsors.

We are also offering a dial in webinar option for those who are unable to attend in person. 17 members utilised this service the first time it was offered and we hope these numbers will grow as members gain confidence in this new technology.

Survey of members

Attendance has been down over 2015-16 so the branch executive conducted a survey of members to better understand the needs regarding meetings. 26% of the Victorian membership responded. In response to the survey, we will now run three (3) meetings a year, one being at the ADEA-VIC branch conference.

Branch Executive Meetings

We run regular branch executive meetings in July, October 2015, January, March and June 2016.

Victorian Registered Network Groups

Each of these groups is active and meet on a regular basis.

- Wimmera Mallee Networking group
- Western Victorian Diabetes Professional group
- Mornington Peninsula Diabetes Nurse Educators Network
- Gippsland Network Group
- Northern Metropolitan Melbourne
- Western Journal Group
- The Diabetes In Pregnancy group

Minutes of these meetings are uploaded on to the ADEA-VIC Branch webpage.

ADEA-VIC Branch Conference 2016

The ADEA-VIC Branch Conference will be held on Sat 9 July at the Melbourne Exhibition and Convention Centre. The theme is 'Unlocking barriers in diabetes'. The conference organising committee have been working very hard to develop an interesting program.

Plan for 2016-17 activities

We will be calling for volunteers to join the ADEA-VIC Branch Conference Organising Committee for 2017.

ADEA-WA Branch

ADEA-WA Branch Executive Team

Chair: Kathryn Swain – *nominated and elected by the ADEA WA Branch members in August 2015, replacing previous Chair Sarah Black*

Finance Officer: Maree Nannen

Secretary: Sharron Meakins – *nominated and elected by the ADEA WA Branch members in August 2015, replacing previous Secretary Kendra Nunweek-Hanlon*

2015-16 activities and achievement

Branch Meetings

August 2015

Attended by 47 members in person and via videoconference.

- The professional development session was presented by Professor John Newham and Dr Kim Guelfi on 'Tackling the epidemic of gestational diabetes'.
- Fiona Stanley's diabetes team highlighted their service delivery in our regular 'Meet the Team' agenda item.

November 2015

Attended by 38 members at the venue, unfortunately the videoconference facility had timed out before the branch meeting commenced.

A special event had been arranged by Sarah Black that invited retired CDEs in the past 10 years to talk about their experience and careers as diabetes educators. The educators looked back at the changes, challenges and achievements during their time as educators. There were eight presenters. The branch meeting started late and was kept short and succinct.

February 2016

Attended by 44 members in person and via videoconference.

- The professional development session was presented by CDE Gloria Daniels, Sandra Wilberforce, Gwen Babel and Nell from Sir Charles Gardiner Hospital with their case study 'Hypoxic brain injury'.
- They were also 'Meet the Team' for the branch meeting.

May 2015

Attended by 89 members in person and via videoconference. The branch meeting was held in New Norcia during the ADEA-WA Branch Conference.

ADEA-WA Branch Conference

The conference was called 'Creating Links' and the organising team did a fantastic job of putting into practice the skills they were promoting.

The conference had amazing speakers:

- Professor Merlin Thomas: 'Sweet dreams are made of this? The enduring karma of glucose control and diabetes'
- Clinical Professor Mark Thomas: 'Managing diabetes and CKD in Aboriginal Australians: Don't make a bad situation worse'
- Professor Grant Morahan: 'Advanced genetics methods help us better understand diabetes and predict people at risk'
- Post conference symposium 'Erectile Dysfunction and diabetes' sponsored by Boston Scientific, speakers included Dr Bronwyn Stuckey, Dr Jeff Thavaseelan and Dr David Miller

Diabetes and Oral Health Seminar: Take a bite out of diabetes

On 30 October 2015, the Professional Development Committee organised a half-day seminar on 'Diabetes and Oral Health: Take a bite out of diabetes' presented by Dr Jane McCarty, a Periodontist with a strong professional interest in diabetes and an excellent speaker. Her presentation was followed by dental hygienist Wendy Wright who talked about 'Maintaining effective oral hygiene'.

The half-day seminar was video conferenced to enable other diabetes educators to participate in this professional development opportunity.

Branch Sub-Committees and Special Interest Groups

On behalf of the branch executive, I would like to extend our appreciation for the ongoing commitment to the organisation and initiatives of various sub-committees and groups within our WA Branch by their relative members. The voluntary efforts of these members continue to support the professional development, learning, information sharing and networking for all ADEA-WA members. All activities of these groups are reported to the branch executive and members at branch meetings via direct address or written report.

The sub-committees and groups are highlighted below:

- Professional Development Committee
- Credentialling Committee
- 2016 Branch Conference Organising Committee
- WA Diabetes & Endocrine Health Network
- WA Private Practice Special Interest Group
- Curtin University Course Advisory Committee
- GDM Reference Group
- ADEA Clinical Practice Committee
- Diabetes WA
- New Members support group

Plan for 2016-17 activities

Future plans include:

- Increasing opportunities of professional development for our members in addition to education provided at branch meetings. Sanofi have proposed a one-day diabetes seminar on the year we don't have a state conference. This already occurs in other states.
- RACGP National Conference at the Perth Convention Centre August 29 September – 1 October 2016. ADEA booth to be staffed by ADEA members to promote the benefits of working with credential diabetes educators and how to find a CDE.
- ADS and ADEA Annual Scientific Meeting to be held at the Perth Convention Centre in August 2017.
- An opportunity for WA members to become involved in organising and planning parts of a national conference organising committee.
- Finance officer stepping down in August, expressions of interest open for ADEA members to nominate for this position