

Mentoring

The ADEA Mentoring Program is now online, which concludes the project to move the entire credentialling program to an online platform. ADEA is very excited to have completed this project and hopes that members enjoy using the online platform as much as we have enjoyed the success of providing this service to members.

All forms and documents are now to be completed within the online platform, including:

- Registering as a mentor
- Finding a mentor
- Applying to register a mentoring partnership
- Logging mentoring activities
- Completing the mentoring evaluation forms

ADEA currently has 140 active registered mentoring partnerships. 135 partnerships were successfully completed over the past 12 months. We are currently receiving an average of 19 new mentoring partnership registrations per month.

The ADEA mentoring program was evaluated in 2015 as part of a research project and the results can be obtained via the ADEA website.

If you are looking for a mentor, the online process makes it much easier to match you with an appropriate mentor as you can search for various aspects in a mentor's profile. To enable this feature to work effectively, all members are encouraged to update their ADEA member profiles and consider registering as an available mentor.

We continue to evaluate the mentoring program and the online e-learning modules. Over the next 12 months, these evaluations will continue, with particular focus on the online mentoring program platform to ensure it is easy to use for members and consistent with the objectives of the credentialling program.

Mentoring is encouraged for all ADEA members and long-standing CDEs as an important way to grow and develop both professionally and personally throughout one's career. Mentoring can be successful over distance using technology to communicate and also across disciplines as a way to learn and experience new ideas in a two-way partnership.

Useful links

- Mentoring program:
 https://www.adea.com.au/credentialling/mentoring-program
- A successful mentor and mentee relationship in diabetes education: https://youtu.be/KWJNFU76004